

Willington Senior Center
20 Senior Way
Willington, CT 06279
860-429-8321

Button Shop Bugle



Monthly Newsletter
May 2023

**Our Mission: to bring seniors together to provide and promote
needful social, educational, cultural and health programs.**

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz

1st Vice President: Dottie Wittenzellner

2nd Vice President: Betty Robertson

Treasurer: Joseph Piatek

Assistant Treasurer: Claudia D'Agata

Special Assistant to the Treasurer: Norma Rondeau

Secretary: *Vacant*

Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: *Vacant*

Banquet: Burt Zenowitz, Joseph Piatek

Building: *Vacant*

Kitchen: Claudia D'Agata

Membership: Shirley Beyor

Programs: *Vacant*

Publications: Dorothy Wittenzellner, Roxanne Navratil, Shirley Beyor

Publicity/Website: Nan King

Technology/Computers: Edward D'Agata

Transportation: Joseph Piatek

Trips: Nan King

Veterans: Joseph Rondeau

Phone Numbers of the Willington Town Offices

Animal Control	(860) 428-4422
Assessor's Office	(860) 487-3122
Board of Selectmen and First Selectwoman	(860) 487-3100
Building Department	(860) 487-3123
Burning Official	(959) 929-4181
Elections Department	(860) 487-3120
Financial Office	(860) 487-3139
Fire Marshal	(959) 929-4181
Human Services	(860) 487-3118
Land Use Department	(860) 487-3123
Parks and Recreation	(860) 487-3108
Public Works	(860) 684-9313
Senior Center	(860) 429-8321
Tax Collector	(860) 487-3111
Town Clerk	(860) 487-3121
Treasurer	(860) 487-3133

Greetings from the President

Happy May!

Wishing a Happy Mother's Day to all the mothers out there! We have an exciting month ahead of us. We have a tea party, a breakfast coming up, and a bunch of new programs and things happening. We have COVID vaccines available on the 11th of May for those who want one, and boosters will be available too at the Center on that day. I hope you are all enjoying the warmer weather. Drop by the Center and see what we have going on this month!

Burt H. Zenowitz
President, Willington Seniors, Inc.

Message from Jennie

Hi Everybody!

Whenever it reaches May, I breathe a sigh of relief because I know the winter is over. We might have an occasional cold snap, but for the most part, we made it!

Last month, my department ran the April Camp program, which is where children come and spend a week with us doing fun activities at the library. My three staff and I had an amazing time, doing science experiments, being outside, digging fossils, and more!

May will be busy. We are working to have a designer purse bingo coming up hopefully this month, so stay tuned for more information on that. Also, don't forget, Willington Day is May 27th at the River Road Athletic Field, so drop by the Human Services booth and say hello!

I hope to see you all soon!

Jennie A. Arpin, M.P.A.
Director of Human Services, Town of Willington

Welcome to our new Human Services Assistant!

Hi Everyone!

I am Colleen Peck, and I am so excited to be the Town's new Human Services Assistant. I have been a volunteer for several years and have enjoyed working with and meeting everyone! One of the things I am looking forward to is growing the Willington Food Pantry.

My husband and I have lived in Willington for over 10 years, along with our dogs. I love to cook, garden, sew, and enjoy a good "cuppa" tea on the deck. I really look forward to meeting everyone!

Colleen Peck
Human Services Assistant, Town of Willington

May Birthdays

Birthstone – Emerald

Flower – Lily of the Valley



May 1 Patricia Slattery
May 2 Thomas Fox
May 4 Patricia Amidin
May 4 Dorothy Drobney
May 6 Raymond McCaughey
May 9 Annette Humphrey
May 10 Linda Morse
May 11 Charles Kearns

May 12 Charles Busse
May 16 Michael Maloney
May 16 Vincent Sinosky
May 17 Norma Rondeau
May 21 Raymond Gantick
May 23 Charles Cosgrove
May 23 Judith Ouelette

May Anniversaries

May 4 George & Marge Pippin
May 6 Charles & Beverly Cosgrove
May 11 Maurice & Ivette Dionne

Please join us for cake and ice cream at the Senior Center on **Wednesday, May 3rd at 1:00 PM** to celebrate the May birthdays and anniversaries.

This month's Bugle is being mailed earlier than usual due to vacation schedules.



FREE TABLE

This month our **Free Table** will also include an assortment of houseplants. We will have a limited supply, so please stop by as soon as you can – these plants will find new homes very quickly!

Donations are always appreciated. Thank you!

REMINDER!

The Executive Board of Willington Seniors, Inc. meets at 1:00 PM on the 2nd Wednesday of each month at the Senior Center and is open to all members; however, such members would have no voting rights at this meeting. Our monthly General Meeting is held on the 3rd Wednesday at 1:00 PM at the Senior Center and is open for discussion, suggestions, and questions. The agenda for each of these meetings includes reports from Executive Board members and updates from committee chairs on various programs and activities going on at the Senior Center. The minutes of both monthly meetings are posted on the bulletin board at the Center.

We welcome your participation at these meetings, so please mark your calendar and join us if you can!

WILLINGTON SENIOR CENTER BREAKFAST
MOTHER'S DAY WEEKEND

No cooking breakfast only \$5!

Saturday, May 13, 2023

8:30 AM – 10:30 AM

Bring the whole family to celebrate Mother's Day. There will be a special surprise for the ladies!

MENU

- | | |
|--|------------------------------------|
| --Bacon or ham, cheddar cheese, peppers, onions omelet | --Sausage links |
| --Scrambled eggs | --Regular or decaf coffee, hot tea |
| --Blueberry or plain pancakes | --Orange juice, bottled water |
| --Texas toast or raisin bread French toast | |



WILLINGTON SENIOR CENTER MEMBERS' BANQUET

Wednesday, June 21, 2023, 12:00 noon

\$12 members \$17 non-members

Enjoy great food, get reacquainted with old friends, and be present for the July 2023 – June 2024 installation of officers of Willington Seniors, Inc.

MENU

- | | |
|--------------------------------|---|
| --Sliced roast beef in gravy | --Tossed salad |
| --Chicken parmigiana | --Apple cake for dessert |
| --Sausage, peppers, and onions | --Coffee, lemonade, iced tea, bottled water |
| --Mixed vegetables | |

Please fill out the following and mail with your check payable to Willington Seniors, Inc., 20 Senior Way, Willington, CT 06279, or you may drop it in the Senior Center drop box outside the front door or inside next to the office. Please write Banquet on lower right corner of your envelope. Payment is due by June 14th.

Member Name(s): _____

Non-member Name(s): _____ Amount Enclosed _____

Phone number: _____

RECIPE OF THE MONTH

Amazing Coconut Pie



Betty Robertson
Flavors of Home Cookbook

2 cups milk
½ cup sugar
½ cup biscuit mix
4 eggs

¼ cup butter or margarine
1 ½ tsp. vanilla
1 cup coconut

Combine milk, sugar, biscuit mix, eggs, butter, and vanilla in blender. Cover and blend on low speed for 3 minutes. Pour into greased 9-inch pie pan. Let stand about 5 minutes, then sprinkle with coconut. Bake at 350 for 40 minutes. Serve warm or cool.

Annual Membership Renewal

We are pleased to announce that the annual membership fee for Willington Seniors, Inc. will remain at \$10.00 per person, and it will also include free mailing of the *Bugle* to your home. Members 90+ years old are granted Honorary status, which waives the annual membership fee. A copy of the membership renewal form with a return envelope will be included in the June *Bugle*.

Please note: Members may take advantage of all activities and trips that the Senior Center offers and will have priority status over non-members on bus trips.

Lunch with a Good Book

May 15th at 11AM

For May we will read *The Next Ship Home* by Heather Webb.

A young Italian immigrant becomes friends with an aide at Ellis Island. Through them we are witness to the harsh reality of the life left behind and the challenge of moving to a new country and starting over.

Bring your lunch and something to share.





Nan's News

May 2023

Hello everyone! May is my absolute favorite month of the year. There's so much to do now that the weather is getting warmer! Gardening, yard work, spring cleaning...the list seems endless. As the daylight gets longer, however, I have more energy for the myriad tasks that constantly appear. I'm excited to have two new packages of honeybees for our hives! They will be enjoying the spring as much as I do. We're hoping to get honey for ourselves this year! At our beautiful Senior Center, our gardens are blooming thanks to Shirley and Rick Beyor, and our deck has a welcoming table and chairs to sit and admire our natural back yard. Come enjoy the outdoors with a friend or two, or sit inside and enjoy the sunshine!

We have plenty of excitement in May here at the Senior Center! First comes our biannual Afternoon Tea, on May 5th from 3 to 5 pm. We'll be learning some tea lore and maybe playing a game or two as we sip tea and nibble on delicious treats. To register, drop by the Center for the signup sheet, or call the Senior Center. We are also looking for people to provide finger foods for the tea, so if you have a favorite recipe you'd like to share, please let me know!

Secondly, in May we are beginning our Chair Volleyball program! Just as it sounds, Chair Volleyball players hit a beach ball over a five-foot net while remaining seated, and points are scored like a traditional volleyball game. It's easy and fun to play! Check it out starting Friday, May 12th, at 11:15 AM.

As always, FoodShare comes to the Town Office Building every two weeks. The dates in May are the 10th and the 24th. We are a drive-through program only, so please remain in your vehicle. FoodShare runs from 11:00-11:30 on those days. The Seniors also provide a Bread Distribution on Wednesdays from 10-11, also drive-through, and you're welcome to come for bread and stay for FoodShare.

Our Craft Workshop has been hopping! The program runs on Tuesdays from 12:30-2 PM. This month, workshops include decoupage fabric teacups on the 2nd, vintage style gift tags on the 9th, fabric covered plant pots on the 16th, macrame plant hangers on the 23rd (for those plant pots?), and our favorite meditative art, Zentangle, on the 30th.

We have trips planned to Walmart on Tuesday, May 9th at 9:30 AM, and with the Lunch Bunch to Basil's Restaurant in Stafford on the 18th at 11:30 AM. The ride is free for Willington Seniors and a caregiver or aide.

As always, all our programs are FREE for Willington Seniors, Inc. members.

See you at the Center,

Nan King, Senior Center Coordinator

**THE WILLINGTON SENIOR CENTER
PRESENTS**

*The 2nd annual
Spring
Afternoon Tea*

FRIDAY, MAY 5TH, 3-5 PM

WILLINGTON SENIOR CENTER – 20 SENIOR WAY

Afternoon tea has been an English tradition since the mid-nineteenth century. Come join us and sample different teas along with savory and sweet treats!

Tea party attire encouraged but not required.

CALL (860) 429-8321

OR STOP BY THE SENIOR CENTER TO REGISTER.

Congratulations to everyone who noticed that the word **Daffodil** did not appear in the Word Search Puzzle in the April *Bugle*. I guess you could say that the author was playing an April Fool's Joke on us!!



Spring Word Scramble

WBNIAOR	_____
BLLAMURE	_____
WFLORE	_____
PLITU	_____
NERGE	_____
MLOBO	_____
PLRIA	_____
LFBTUTREY	_____
NIAR	_____
DREGNA	_____
EBE	_____
YMA	_____
GNRIPS	_____
HSSNIEUN	_____
YBNUN	_____
CAMHR	_____
EDES	_____



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 NO Line Dancing NO Corn Hole	2 10:00 Tai Chi 12:30 to Craft Workshop 2:00 Fabric teacups 2 to 4 Game Day	3 10:00 Bread + Pastry 1:00 Birthday/Anniv. 2:00 Bingo 7:00 Men's Pool	4 10 to 12 Coffee Talk 1 to 3 Craft Social	5 10:00 Tai Chi 1:00 Wii Bowling 11:15 to Chair 12:15 Volleyball 3:00 to 5 Afternoon Tea	6 7:00 Setback
7	8 1:00 Line Dancing 2:15 Corn Hole	9 9:30 Wal-Mart Trip 10:00 Tai Chi 11:00 Lunch with a Good Book 12:30 Craft Workshop 2 to 4 Game Day	10 10:00 Bread + Pastry 11:00 Food Share 1:00 Executive Board Meeting 7:00 Men's Pool	11 10 to 12 Coffee Talk 1 to 3 Craft Social	12 10:00 Tai Chi 1:00 Wii Bowling 11:15 to Chair 12:15 Volleyball	13 8:30 to BREAKFAST 10:30 7:00 Setback
14 Mother's Day	15 1:00 Line Dancing 2:15 Corn Hole	16 10:00 Tai Chi 12:30 to Craft Workshop 2:00 Fabric plant pots 2 to 4 Game Day	17 10:00 Bread + Pastry 1:00 General Meeting 7:00 Men's Pool	18 10 to 12 Coffee Talk 11:00 Lunch Bunch Basil's 1 to 3 Craft Social 2:00 Monthly Movie	19 10:00 Tai Chi 1:00 Wii Bowling 11:15 to Chair 12:15 Volleyball	20 7:00 Setback
21	22 1:00 Line Dancing 2:15 Corn Hole	23 10:00 Tai Chi 12:30 to Craft Workshop 2:00 Macrame hanger 2 to 4 Game Day	24 10:00 Bread + Pastry 11:00 Food Share 12:30 Bingo 7:00 Men's Pool	25 10 to 12 Coffee Talk 1 to 3 Craft Social	26 10:00 Tai Chi 1:00 Wii Bowling 11:15 to Chair 12:15 Volleyball	27 7:00 Setback
28	29 CLOSED Memorial Day	30 10:00 Tai Chi 12:30 to Craft Workshop 2:00 Zentangle 2 to 4 Game Day	31 10:00 Bread + Pastry 12:30 Bingo 7:00 Men's Pool			