Willington Senior Center 20 Senior Way Willington, CT 06279 860-429-8321



Monthly Newsletter
June 2023

Happy Father's Day

Our Mission: to bring seniors together to provide and promote needful social, educational, cultural and health programs.

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz

1st Vice President: Dottie Wittenzellner 2nd Vice President: Betty Robertson

Treasurer: Joseph Piatek

Assistant Treasurer: Claudia D'Agata

Special Asst. to Treasurer: Norma Rondeau

Secretary: Vacant

Assistant Secretary: Vacant

Willington Seniors, Inc. Committees

Advisory and Suggestions: Vacant Banquet: Burt Zenowitz, Joseph Piatek

Building: Vacant

Kitchen: Claudia D'Agata Membership: Shirley Beyor

Programs: Nan King

Publications: Dorothy Wittenzellner, Roxanne Navratil, Shirley Beyor

Publicity/Website: Nan King

Technology/Computers: Edward D'Agata

Transportation: Joseph Piatek

Trips: Nan King

Veterans: Joseph Rondeau

Willington Seniors, Inc. Annual Membership Renewal

This month's *Bugle* includes a Willington Seniors, Inc. membership renewal form and return envelope for 7/1/23 – 6/30/24. The membership fee is \$10.00 and includes free delivery of the *Bugle* to your home. Please mail your form (in the return envelope) to the office, or you may drop it either in the secure mail slot outside the front door or in the mailbox inside next to the office. Membership cards will be mailed out by the end of July. Thank you to those members who have already paid their 2023-24 membership fee!

<u>Please note:</u> Members 90+ years old are granted Honorary status, which waives the annual membership fee. Honorary members do not need to fill out and submit the membership form, unless there have been changes to your mailing address, phone number, or emergency contact.

Shirley Beyor, Membership Chair

Thank You!

It was wonderful to see so many people at the Willington Senior Center Breakfast held on May 13th. Thank you to everyone who helped make this such a great event. We would like to give special thanks to John Blessington for his donation of eggs, Village Springs for their donation of bottled water, and to Claudia D'Agata for all her efforts in organizing the breakfast.

Another special thank you goes out to Charlie King for **power washing** the Willington Senior Center deck. It looks great, and we hope that you all enjoy the deck over the summer. (If you have patio furniture that you do not need and would consider donating to the Senior Center, it would be so appreciated! Please call the Center and ask for Nan King.)

Happy June!

Wishing a Happy Father's Day to all the dads out there!

We have an exciting month ahead of us. We have the Senior Center Annual Banquet coming up on Wednesday, June 21st, as well as a COVID vaccine clinic on June 1st for those who want one, and boosters will also be available at the Center. Our annual Health Fair will be June 2nd from 11-2 PM. I hope you are all enjoying the warmer weather. Drop by the Center and see what we have going on this month!

Burt H. Zenowitz President, Willington Seniors, Inc.

Hi Everybody!

June is a busy month in our department. We are putting the final preparations in place for our Summer Camp Program, which we run collaboratively with the Parks and Recreation Department. Last year, we had 50 kids every week, and everyone had a great time!

Also, the Wednesday Concerts in the Park at River Road, run by Parks and Recreation, start June 14th at 6:30 PM. Human Services will be running the concession stand to raise funds for our Fuel Bank and other programs, so we hope to see you there!

Have a fantastic month, and enjoy the warmth and sunshine!

Jennie A. Arpin, M.P.A. Director of Human Services, Town of Willington

Election of Officers Willington Seniors, Inc.

The election of officers scheduled Wednesday, April 17th for the upcoming 2023-24 fiscal year was not successful. Therefore, to maintain the corporate status of Willington Seniors, Inc., the individuals currently holding elective office will remain in those positions for the coming fiscal year.

The <u>open positions</u> of 2nd Vice President*, Secretary, and Assistant Secretary will be filled by qualified applicants upon election by the membership. Notifications will appear in the monthly *Bugle*.

*Betty Robertson will be retiring as 2nd Vice President effective July 1st.



Nan's News, June 2023

"What is so rare as a day in June? / Then, if ever, come perfect days...." The poem June by James Russell Lowell captures the way I feel this month. June is the month of warm days and nights, fireflies, and backyard picnics. The kids are excited about school ending, and I'm excited about gardening and beekeeping. Let the summer begin!

I'm also looking forward to continuing the following programs here at the Senior Center:

On Mondays, Line Dancing is at 1 PM, followed by beanbag toss/cornhole with our new Willington Seniors, Inc. owned cornhole game! Join the fun at 2 PM.

On Tuesdays, the Craft Workshop continues to spark your creativity 12:30-2 PM; this month's crafts are decoupage cans, barn quilt blocks (a two-week event!), and our monthly Zentangle.

On Fridays, chair volleyball continues at 11:15—come join in to boost flexibility and core strength along with having fun!

Trips are on!

Tuesday, June 13th - The bus goes to Walmart, leaving at 9:30 AM.

Thursday, June 15th -- Our Monthly Movie is "Don't Look Up," scheduled at 2 PM.

Thursday, June 22nd -- Lunch Bunch at Apollo Diner in South Windham, leaving at 11:30 AM.

Thursday, June 29th -- Mohegan Sun by bus, leaving at 9:30 AM.

The Tolland Big Y Store has once again chosen Willington Seniors, Inc. to benefit from their Community Bag Program! The Seniors will receive \$1 from every \$2.50 reusable Community Bag sold during the month of June 2023.

Starting in June, the Willington Senior Center is also collaborating with UConn's SNAP-ed Community Nutrition Outreach to bring nutrition and menu ideas to our Seniors. Presenters will bring all the material and food to do a tasting for participants and will cover nutrition-related topics. Call the Center for more information!

See you at the Center!

Nan King, Senior Center Coordinator

PLEASE NOTE: As of Wednesday, May 31st, bread distribution will be <u>returning to the Senior Center</u>. The time has been changed to 9:30-10:30 AM on Wednesdays, in order to allow time between distribution of bread at the Senior Center and Foodshare distribution at 11:00 AM at the Town Hall. Foodshare will continue at its regularly scheduled day and time.

Lunch with a Good Book -- Tuesday, June 13th at 11:00 AM

The Woman in the Library by Sulari Gentill -- A murder in the library! A book within a book -- a mystery inside a mystery. There is a scream and the Boston Public Llibrary pulls four strangers into a crazy adventure full of twists and turns. All of them have a different reason for being in that room, and one of them is a murderer! Bring your lunch and something to share. The book is available at the Willigton Public Library.

June Birthdays

Birthstone - Pearl

Flower - Rose

June 2 Yvette Dionne

June 3 Beverly Martel

June 4 Noreen Passardi

June 5 Ralph LaFemina

June 6 Sheila Chicoine

June 6 Yvonne Girard

June 12 Doug Migliozzi

June 12 Ellen Witmer

June 14 Joan Taraskiewicz

June 16 Lawrence Becker

June 17 Joseph Cydylo, Jr.

June 22 Patricia Piatek

June 22 Lorraine Sedlock

June 23 Steven Toce

June 24 Darcy Fox

June 24 Robert Letendre

June 30 Beverly Danser

June Anniversaries

June 4 Michael & Doreen Maloney

June 6 Mark & Dorothy Drobney

June 7 Tom Kelly & Nancy King

June 10 Sam & Pamela Wheeler

June 21 Frederick & Colleen Peck

June 22 Edward & Claudia D'Agata

June 25 Jim & Cathy Ference

June 26 Joseph & Patricia Piatek

Please join us for cake and ice cream at the Senior Center on Wednesday, June 7th at 1:00 PM to celebrate the June birthdays and anniversaries.



We extend our sincere sympathy and condolences to the family and friends of Herb Arico, who passed away recently and would have turned 101 years old on June 30th.

FREE TABLE

Our FREE TABLE this month features an assortment of items, including houseplants, candles, and jewelry. Please stop by and check it out!











WILLINGTON SENIOR CENTER MEMBERS' BANQUET

Wednesday, June 21, 2023, 12:00 noon \$12 members \$17 non-members

Enjoy great food, get reacquainted with old friends, and be present for the <u>July 2023 – June 2024</u> <u>Installation of Officers of Willington Seniors, Inc.</u>

MENU

- --Sliced roast beef in gravy
- --Chicken parmigiana
- -- Sausage, peppers, and onions
- --Mixed vegetables

- -Tossed salad
- -- Apple cake for dessert
- --Coffee, lemonade, iced tea, bottled water

Please fill out the following and mail with your check payable to Willington Seniors, Inc., 20 Senior Way, Willington, CT 06279, or you may drop it in the Senior Center drop box outside the front door or inside next to the office. Please write <u>Banquet</u> on lower right-hand corner of your envelope. <u>Payment is due by June 14th</u>. Thank you!

Member Name(s):	
Non-member Name(s):	Amount Enclosed
Phone number:	

WILLINGTON SENIOR CENTER MEMBERS' ICE CREAM SOCIAL



You won't want to miss this! As a special thank you, it's free to all members!

When: Wednesday, July 19th, immediately following Willington Seniors, Inc. General Mtg.

Where: Willington Senior Center, 20 Senior Way, Willington

What: Ice cream from the UConn Dairy Bar, as well as sugar-free ice cream from

Shady Glen

(A special thank you to Moe Stapleton and Laurel Millix for supplying the ice cream!)

BASTE

BEAT

BLANCH

BLEND

BOIL

BROIL

CHOP

COAT

CREAM

CRUSH

DASH

DILUTE

FOLD

GLAZE

GRATE

GREASE

GRILL

MARINATE

MASH

MIX

MULL

PINCH

POACH

REDUCE

SAUTE

SIFT

SIMMER

STIR

TOSS

TRUSS

WHIP

WHISK

COOKING

WORD SEARCH PUZZLE

CCOESAERGER

DRWECRUSHTE

LEHXTUTOSSM

OAIOHUDHSAM

FMPOHCLERBI

KELEKCAIRLS

STLMTSNODAS

TUITUAIIPNU

IARATLRHPCR

RSGEZALGWHT

LIOBLENDASH

TAOCTFISNIG

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.



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3	Saturday	i yball wling	il 10 yball wiling	i yball wling	i yball wling	i /ball wling
	Friday	2 10:00 Tai Chi 11:15 Chair Volleyball 1:00 Wii Bowling	10:00 Tai Chi 11:15 Chair Volleyball 1:00 Wii Bowling	16:00 Tai Chi 11:15 Chair Volleyball 1:00 Wii Bowling	10:00 Tai Chi 11:16 Chair Volleyball 1:00 Wil Bowling	10:00 Tai Chi 11:15 Chair Volleyball 1:00 Wil Bowling
	Thursday	1 to 3 Craft Social 7:00 Men's Pool	1 to 3 Craft Social 7:00 Men's Pool	15 1 to 3 Craft Social 2:00 Monthly Movie "Don't Look Up" 7:00 Men's Pool "Don"	11:30 Lunch Bunch Apollo Diner 1 to 3 Craft Social 7:00 Men's Pool	9:30 Mohegan Sun 1 to 3 Craft Social 7:00 Men's Pool
June, 2023	Wednesday	Эау	9:30 Bread + Pastry 11:00 Food Share 1:00 Birth/Anniv 2:00 Bingo	14 9:30 Bread + Pastry 1:00 Executive Board	9:30 Bread + Pastry 11:00 Food Share 12:00 BANQUET	28 9:30 Bread + Pastry 12:30 Bingo
	Tuesday	Happy Father's Day	6 10:00 Tai Chi 12:30 Craft Workshop to 2 (Decoupage cans)	13 9:30 Walmart 10:00 Tai Chi 11:00 Lunch with a Good Book 12:30 Craft Workshop to 2 (Barn Quilt I)	20 10:00 Tai Chi 12:30 Craft Workshop to 2 (Barn Quilt II)	27 10:00 Tai Chi 12:30 Craft Workshop to 2 (Zentangle)
	enter Monday	Нарр	1:00 Line Dance Practice 2:00 Corn Hole	1:00 Line Dance Practice 2:00 Corn Hole	1:00 Line Dance Practice 2:00 Com Hole	1:00 Line Dance Practice 2:00 Com Hole
③	Willington Senlor Center Sunday		4	14	18 Father's Day	25

