Willington Senior Center 20 Senior Way Willington, CT 06279 (860) 429-8321

Bullon Shop Bugle

Monthly Newsletter

August 2023



Our Mission: to bring seniors together to provide and promote needful social, educational, cultural and health programs.

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz

1st Vice President: Dottie Wittenzellner

2nd Vice President: Vacant Treasurer: Joseph Piatek

Assistant Treasurer: Claudia D'Agata

Special Asst. to Treasurer: Norma Rondeau

Secretary: Vacant

Assistant Secretary: Vacant

Willington Seniors, Inc. Committees

Advisory and Suggestions: Vacant

Banquet: Burt Zenowitz, Joseph J. Piatek, Jr.

Building: Vacant

Kitchen: Claudia D'Agata Membership: Shirley Beyor

Programs: Nan King Publications: Nan King Publicity/Website: Nan King

Technology/Computers: Edward D'Agata Transportation: Joseph J. Piatek, Jr.

Trips: Nan King

Veterans: Joseph Rondeau



Willington Seniors, Inc. Annual Membership Fee

Thank you to everyone who has renewed their membership in Willington Seniors, Inc. for 2023-24. Membership cards were mailed out on August 1st. Honorary Lifetime Membership cards were also mailed to those who have reached the age of 90+. Honorary members are exempt from paying annual dues. If you have not received your card, this means that we have not received your annual membership renewal form and \$10 fee.

Reminder letters, together with a membership application form and return envelope, were mailed out on August 10th to members who have not paid their dues. Our Senior Center Bylaws state that all members who have not paid **by August 31**st will be removed from our membership list unless there are extenuating circumstances. If you feel that you have received this letter in error, or if you have an extenuating circumstance, please call the office at 860-429-8321 and leave me a detailed message, including your phone number. I will return your call as soon as possible.

We value you as a member and hope to see you soon at the Center!

Shirley Beyor Membership Chair

President's Message, August 2023

Hi everyone! I hope you all have a Happy Labor Day! I'd like to thank all those who were involved with our Annual Barbecue in August. Claudia D'Agata is our Kitchen coordinator, and she did a fantastic job managing everything. I would also like to thank the rest of our volunteers who helped with setup, serving, and takedown. I hope everyone enjoyed the delicious food and great company! I'm looking forward to future events the Seniors have in store.

Have a great fall!

Hope to see you soon,

Burt Zenowitz



Pancakes!

Do you love tea? Do you love conversation?

Do you love to have fun?

Come to our.



2nd Annual Autumn Afternoon Tea! Friday, October 6th 3-5 PM

Tea party attire encouraged but not required!

Registration also encouraged.

We are charging a small fee of \$5.00 to attend to cover expenses.

Call Nan at 860-429-8321 to register!



SENIOR CENTER BREAKFAST



8:30 am-10:30 am



AMAZING LOW PRICE OF ONLY \$5!

BRING YOUR FAMILY AND FRIENDS: ALL ARE ALWAYS WELCOME!!

MENU: BACON OR HAM, CHEDDAR CHEESE, PEPPERS, ONIONS OMELET; SCRAMBLED EGGS; BLUEBERRY OR PLAIN PANCAKES; TEXAS TOAST OR RAISIN BREAD FRENCH TOAST; HASH BROWN POTATO PATTIES; SAUSAGE LINKS; REGULAR COFFEE, DECAF COFFEE, HOT TEA, ORANGE JUICE, BOTTLED WATER.



Nan's News September 2023

Hello everyone! It's that time again — fall is approaching, school is in session, and summer seems to be coming to a close. I always insist that summer lasts until September 21st, the Autumnal Equinox! That way I can at least feel as if fall isn't *right* on my heels.

This month is a calm one at the Senior Center when it comes to events, but I'm looking forward to October with our 2nd Annual Afternoon Tea, and our upcoming Senior Center Breakfast! Be sure to mark these events on your calendar now!

And don't forget — our usual great range of programming is available to all Willington Seniors! **Tuesdays at 10 AM,** come join Tai Chi and work on balance, core strength, and stretching. Tai Chi is also on Fridays at 10 AM.

Tuesdays at 12:30 PM is our Craft Workshop. September brings Polymer Clay Earrings, Alcohol Ink Tile Painting, Scrapbooking Part 1 (continuing through the fall), and Zentangle. Come craft with us! Materials are provided, and the class is free.

Wednesdays at 9:30 AM is Bread & Pastry Distribution here at the Senior Center. It is drive through only until 10:30. After that, residents of Button Hill and Willington Woods may come and pick up a carefully chosen selection of breads and goodies.

The 1st and 4th Wednesdays of the month is Bingo! On September 6th, Bingo will begin at 2:00, after the Birthdays and Anniversaries celebration. On September 27th, Bingo will begin at 12:30 PM. We will miss Betty Roberton's calling, but I'll do my best to fill her Bingo-calling shoes!

Thursdays is our Craft Social, 1-3 PM. We have some new members interested in crafting and conversation, so come on in and join the fun.

Fridays at 10 AM is Tai Chi, followed by the ever-popular Chair Volleyball at **11:15 AM**. Wii Bowling begins at **1 PM** – come test your skill against our veteran players!

You can always just stop by with questions, for a beverage and a snack, or just to chat. Here's to a glorious September!

Nan King

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Senior Center Coordinator

September Birthdays

Flower: Aster or Morning Glory

Birthstone: Sapphire

September 2 Maurice Stapleton September 6 Vivian Gartner September 9 Dorothy Marek September 15 Jeanine Swatik September 16 Denise Alix

September 18 Maxine Kaszybowski September 20 Donna Caplette September 25 Beverly Cosgrove September 26 Lynn Brown September 28 Norman Wilson



September Anniversaries

September 16 Debra Drake

September 11 John & Pamela LaMattina September 14 Thomas & Darcy Fox

Everyone is welcome to join us for cake and ice cream at the Senior Center On **Wednesday**, **September 6th at 1:00 PM** to celebrate the September birthdays and anniversaries.

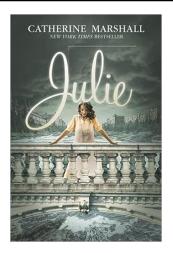
FREE TABLE

There are lots of BEAUTIFUL goodies, including jewelry, knick-knacks, and candles, on our FREE TABLE at the Senior Center. We also have a few houseplants still available. Please stop by and take one home!









Lunch with a Good Book

September 12th, 11 AM at the Senior Center

Julie Wallace has always wanted to write. Trying to escape the Great Depression, Julie's father buys the Alderton Sentinel, a small-town newspaper in flood-prone Alderton, Pennsylvania, and moves his family there. As flash floods ominously increase, Julie's investigative reporting uncovers secrets that could endanger the entire community...

When a devastating tragedy follows a shocking revelation, Julie's courage and strength are tested. Will truth and justice win, or will Julie lose

September 2023

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Fri Sat	1 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	8 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	15 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	22 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	29 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling
Thu	31 1-3 PM Craft Social 7 PM Men's Pool	7 1-3 PM Craft Social 7 PM Men's Pool	14 1-3 PM Craft Social 7 PM Men's Pool	21 11:30 Lunch Bunch 1-3 PM Craft Social 7 PM Men's Pool	28 1-3 PM Craft Social 7 PM Men's Pool
Wed	30 9:30 Bread & Pastry 11 AM FoodShare	6 9:30 Bread & Pastry 1 PM Birthdays & Anniversaries	13 9:30 Bread & Pastry 11 AM FoodShare 1 PM Executive Bd	20 9:30 Bread & Pastry 1 PM General Meeting	27 9:30 Bread & Pastry 11 AM FoodShare 12:30 PM Bingo
Tue	29 10 AM Tai Chi 12:30 Craft Workshop: Zentangle	5 10 AM Tai Chi 12:30 Craft Workshop: Polymer Clay Earrings	12 9:30 AM Wal-Mart 10 AM Tai Chi 11 AM Lunch with a Good Book 12:30 Craft Workshop: Alcohol Ink Tiles	19 10 AM Tai Chi 12:30 Craft Workshop: Scrapbooking Pt. 1	26 10 AM Tai Chi 12:30 Craft Workshop: Zentangle
Mon	28	4	11	18	25
Sun		т	10	17	24