

Willington Senior Center
20 Senior Way
Willington, CT 06279
(860) 429-8321

Button Shop Bugle

Monthly Newsletter
October 2023



***Our Mission: to bring seniors together to provide and promote
needful social, educational, cultural and health programs.***

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz
1st Vice President: Dottie Wittenzellner
2nd Vice President: *Vacant*
Treasurer: Joseph Piatek
Assistant Treasurer: Norma Rondeau
Special Asst. to Treasurer: Claudia D'Agata
Secretary: *Vacant*
Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: *Vacant*
Banquet: Burt Zenowitz, Joseph J. Piatek, Jr.
Building: *Vacant*
Kitchen: Claudia D'Agata
Membership: Shirley Beyor
Programs: Nan King
Publications: Nan King
Publicity/Website: Nan King
Technology/Computers: Edward D'Agata
Transportation: Joseph J. Piatek, Jr.
Trips: Nan King
Veterans: Joseph Rondeau



MITTEN TREE 2023

Let's help our neighbors this holiday season!



**Donate handmade or store-bought mittens and gloves
for local children and adults.**



A Mitten Tree will be set up at the Willington Senior Center to showcase our collection.

Collection dates run from Nov. 1 to Dec. 10.

The Senior Center is open from 9 am to 2 pm Monday through Friday.

**All donations will be forwarded to the Willington Department of Human Services
for distribution to our Willington neighbors in need.**

Thank you in advance, and we wish you a happy holiday season!

The Willington Seniors

President's Message, October 2023

Hello Everyone,

It's October already! I'm seeing corn stalks and pumpkins everywhere. Watch out for the kids trick-or-treating, and be careful if you're out with the grandkids.

I hope to see you at our Senior Breakfast on October 21st here at the Senior Center. Thanks to everyone who volunteers their time to help out!

Enjoy the fall season,

Burt Zenowitz

President, Willington Seniors, Inc.



Do you love tea? Do you love conversation?

Do you love to have fun?

Come to our



2nd Annual Autumn Afternoon Tea!

Friday, October 6th, 3-5 PM

Willington Senior Center

Tea party attire encouraged but not required!

Registration also encouraged.

We are charging a small fee of \$5⁰⁰ to attend to cover expenses.

Call Nan at 860-429-8321

or stop by the Senior Center to register!



SENIOR CENTER BREAKFAST

Saturday, October 21, 2023

8:30 AM-10:30 AM

STILL ONLY \$5 PER PERSON FOR FABULOUS MENU BELOW!

EVERYONE ALWAYS WELCOME!!

MENU: BACON OR HAM OMELET WITH CHEDDAR CHEESE, PEPPERS, AND ONIONS; SCRAMBLED EGGS; BLUEBERRY OR PLAIN PANCAKES; TEXAS TOAST OR RAISIN BREAD FRENCH TOAST; HASH BROWN POTATO PATTIES; SAUSAGE LINKS; REGULAR COFFEE, DECAF COFFEE, HOT TEA, ORANGE JUICE, AND BOTTLED WATER.





Nan's News, October 2023

Hello everyone! October is here, which means that autumn has really arrived. The trees have already started dropping their leaves—I hope winter decides to take its sweet time. In my house, October also means *Spooky Season*! Halloween is my favorite holiday, and I love to decorate and come up with creative costume ideas. I wonder what I'll decide to do this year?

October will be a busy month here at the Center. Our 2nd Annual **Afternoon Tea** is on Friday, October 6th, and our **Senior Center Breakfast** is on Saturday, October 21st! **FoodShare** continues at 11 AM every other Wednesday at the Town Office Building, on October 11th and 25th. Remember to bring your bags!

We also have a couple of wonderful **new programs** this month!

Our **October Tech Fest** begins on Thursday, October 12th, from 10-11:30 AM. Bring your smartphone, tablet, or laptop, and learn basic and more advanced functions and tasks! Dates are October 12th, 19th, and 26th.

Take a Drum Ride with percussionist Bob Bloom, certified Master Teaching Artist, on Thursday, October 19th, at 7 pm! This program offers a hands-on introduction to drumming, with familiar rhythms and songs to guide you. No experience necessary! Come grab a drum and join! Registration is free. Register at the Senior Center, or call Nan at 860-429-8321.

And don't forget — our usual great range of programming is available to all Willington Seniors!

Mondays 1-2 PM: Line Dancing with Lorraine is back at the Center! Come listen to music and learn the steps for a fun time. The first few sessions will focus on review, and will be the perfect time to try out the steps or come to visit and watch. No prior experience needed!

Mondays 2:15 PM: Cornhole returns! Pick a team and play for points and fun. Cornhole may be indoors or outdoors depending on the weather.

Tuesdays at 10 AM, come join Tai Chi and work on balance, core strength, and stretching.

Tuesdays at 12:30 PM is our Craft Workshop. October crafts include microwave heat packs, indoor moss gardens, tin can scarecrows, fabric pumpkins, and scrapbooking! Materials are provided, and the class is free.

Wednesdays at 9:30 AM Bread & Pastry Distribution is moving BACK to the Town Office Building beginning October 4th! It will return to the walk-up model, so bring your bags.

The 1st and 4th Wednesdays of the month is Bingo! On October 4th, Bingo will begin at 2:00, after the Birthdays and Anniversaries celebration. On October 25th, Bingo will begin at 12:30 PM.

Thursdays is our Craft Social, **1-3 PM**. It's always nice to chat and craft along with friends!

Fridays at 10 AM is Tai Chi, followed by the ever-popular Chair Volleyball at **11:15 AM**. Wii Bowling begins at **1 PM** – come test your skill against our veteran players!

The center will be **CLOSED on Monday, October 9th**, for the Columbus Day holiday.

You can always stop by the Center with questions, for a beverage and a snack, or just to chat.

Stay spooky,


Nan King

Senior Center Coordinator



October Birthdays

Flower: Calendula, Marigold, or Cosmos

Birthstone: Opal or Tourmaline

October 4	Madelyn Mackovich	October 24	Mary Wiecenski
October 7	Mary Busse	October 26	Loretta Zigmond
October 10	Evelyne Parizek	October 27	George Pippin
October 14	Sophia Gleason	October 28	Art Blaskey
October 15	Marian Gannon	October 28	Dorothy Wittenzellner
October 24	Alice Cassells	October 30	Burt Zenowitz

October Anniversaries

October 7	Charles & Mary Busse
October 30	Charles & Bernice King

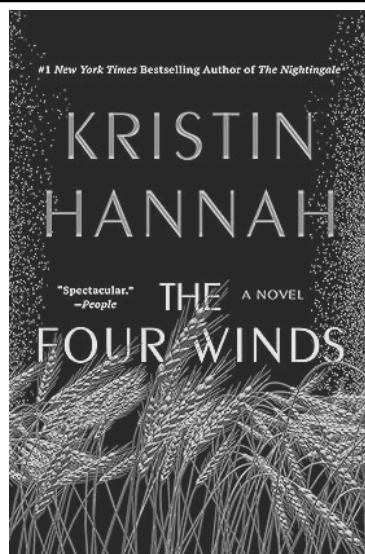


Everyone is welcome to join us for cake and ice cream at the Senior Center
Wednesday, October 4th at 1:00 PM
to celebrate the October birthdays and anniversaries.

FREE TABLE

There are lots of BEAUTIFUL goodies, including jewelry, knick-knacks, and candles, on our
FREE TABLE at the Senior Center. Remember, the selection changes every month.

Stop by and find a treasure!



Lunch with a Good Book

Tuesday, October 17th, 11 AM at the Senior Center

The Four Winds is a rich, sweeping novel that stunningly brings to life the Great Depression, the dust bowl, and the people who lived through them—the harsh realities that divided us as a nation and the enduring battle between the haves and the have-nots. A testament to hope, resilience, and the strength of the human spirit to survive adversity, The Four Winds is an indelible portrait of America and the American Dream, as seen through the eyes of one indomitable woman whose courage and sacrifice will come to define a generation.

TAKE A DRUM RIDE



**A HAND DRUMMING JAM
with BOB BLOOM**

THURSDAY, OCTOBER 19TH

7 PM

WILLINGTON SENIOR CENTER

Registration is FREE!

**Register at the Senior Center, or
call Nan at 860-429-8321.**



Tentative with Technology?

Join the Willington Community Cares

October Tech Fest!

A FREE 3-part Class Series!

Thursdays Oct. 12th, Oct. 19th, 26th, 10-11:30 AM

Willington Senior Center, 20 Senior Way, Willington



This class will help you get familiar with accessing healthcare and other online accounts, video calling, Facetime, social media, email, online banking, fraud prevention, searching the internet, browsers, & search engines. Bring your devices and your questions!

Registration encouraged but not necessary.

Call the Willington Senior Center at 860-429-8321 or drop by to register.

Open to all Willington residents! Refreshments provided.

FALL WORD SEARCH

S E L P P A L S Q U I R R E L F R Y W W
 T V G I R M L J S B L Q Y A O E S L O B
 E G K K B D A A K W S B C L B K E L L O
 K R R R U W B K Q F E O I M S B A I L N
 C S E E O C T O B E R A E O E S S H E F
 A L N B E L O S I N G V T W C Q O C Y I
 J F L O M N O T S E O B B E U H N X E R
 T B U A G E F U J N D O N I R F S T C E
 A H Q R F A T N R O C I L M X S A I H O
 H S A U Q S W P I F C T R I U R B P E R
 H C B N W O R C E R A C S Y G T N C S A
 W O K C K V X S L S X K T I A W U E T N
 G O U R D S T M B E Y Z M I O H K A N G
 P I A F L I G A Y W A C V R Y A K V U E
 Q U Q G V T C I D E R V B T R V G H T S
 P M M A J O G Z V H T S E V R A H X S F
 N T L P T B B E I I T M C S Q W C J T D
 X S J L K C Y U Z E N U G X W V F D G K
 C N B L A I H N Y C D G S R E D K V E I
 R X L H U X N O X O Z L F R Q T Q W F Z



acorns	cobweb	harvest	October	seasons
apples	corn	hayride	orange	September
autumn	Fall	jackets	pumpkin	squash
bonfire	festivals	leaves	quilt	squirrel
brown	foliage	maize	rake	sweaters
chestnuts	football	migrate	red	Thanksgiving
chilly	gourds	November	scarecrow	wagons
cider	green	nuts	scenic	yellow

October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 1 PM Line Dancing 2:15 PM Cornhole	3 10 AM Tai Chi 12:30 Craft Workshop: Microwave Heat Packs	4 9:30 Bread & Pastry 1 PM Birthdays & Anniversaries 2 PM Bingo	5 1-3 PM Craft Social 7 PM Men's Pool	6 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling 3 PM Afternoon Tea	7
8	9 COLUMBUS DAY Senior Center Closed	10 9:30 AM Wal-Mart 10 AM Tai Chi 12:30 Craft Workshop: Moss Gardens	11 9:30 Bread & Pastry 11 AM FoodShare 1 PM Executive Bd	12 11 AM Oct. Tech Fest 1-3 PM Craft Social 7 PM Men's Pool	13 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	14
15	16 1 PM Line Dancing 2:15 PM Cornhole	17 10 AM Tai Chi 11 AM Lunch with a Good Book 12:30 Craft Workshop: Fabric Pumpkins	18 9:30 Bread & Pastry 1 PM General Meeting	19 11 AM Oct. Tech Fest 11:30 Lunch Bunch 1-3 PM Craft Social 7 PM Take a Drum Ride! 7 PM Men's Pool	20 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	21 8:30-10:30 AM BREAKFAST
22	23 1 PM Line Dancing 2:15 PM Cornhole	24 10 AM Tai Chi 12:30 Craft Workshop: Tin Can Scarecrows	25 9:30 Bread & Pastry 11 AM FoodShare 12:30 PM Bingo	26 11 AM Oct. Tech Fest 1-3 PM Craft Social 7 PM Men's Pool	27 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	28
29	30 1 PM Line Dancing 2:15 PM Cornhole	31 HALLOWEEN 10 AM Tai Chi 12:30 Craft Workshop: Scrapbooking Pt 2	1 9:30 Bread & Pastry 1 Birthdays & Anniversaries 2 PM Bingo	2 11 AM Oct. Tech Fest 1-3 PM Craft Social 7 PM Men's Pool	3 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	4