

Wilmington Senior Center
20 Senior Way
Wilmington, Ct. 06279
860-429-8321

Button Shop Bugle

Monthly Newsletter

October 2022

Happy Halloween

**Our Mission: to bring seniors together to provide and promote
needful social, educational, cultural and health programs.**

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz
1st Vice President: Dottie Wittenzellner
2nd Vice President: Linda Morse
Treasurer: Joseph Piatek
Assistant Treasurer: Betty Robertson
Secretary: *Vacant*
Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: *Vacant*
Banquet: Burt Zenowitz, Joseph Piatek
Building: *Vacant*
Kitchen: Claudia D'Agata
Membership: Shirley Beyor
Programs: *Vacant*
Publications: Christine Swenson, Dorothy Wittenzellner, Lorraine Sedlock,
Linda Morse, Roxanne Navratil, Shirley Beyor
Publicity/Website: Jennie Arpin
Technology/Computers: Edward D'Agata
Transportation: Joseph Piatek
Trips: Nan King (interim)
Veterans: Joseph Rondeau

Important Services in the Town of Willington

The Willington Human Services Department, which is now located at the Willington Senior Center, offers youth, family, senior, and social services to residents of Willington. For information on any of these services, please contact Jennie Arpin, Director of Human Services, at 860-429-8321.

*Please note: **NEW TIMES** are bolded and underlined.*

Willington Food Pantry

Mondays 4-6:00 PM and Fridays 10:00-12:00 PM at the Willington Town Hall (proof of residency required)

Bread & Pastry Distribution, thru Willington Seniors Inc. & in collaboration with the Dept. of Human Services

Wednesdays **10:00-11:00 AM (effective October 5th)** behind the Willington Town Hall.

Mobile Foodshare

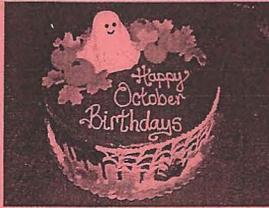
Every other Wednesday 11:00-11:30 AM in front of the Willington Town Hall

Drive-through Food Distribution

4th Friday of the month **10:00-11:00 AM (effective October 28th)** behind the Willington Town Hall (proof of residency required)

Important Phone Numbers

In an Emergency.....9-1-1
Dept. of Emergency Services & Public Protection.....1-860-685-8190
CT Poison Center.....1-800-222-1222
United Way Information Line.....2-1-1
Red Cross.....1-877-287-3327



October Birthdays

Birthstone – *Opal*

Flower – *Marigold*

October 4 Madelyn Mackovich

October 7 Mary Busse

October 10 Evelyn Parizek

October 14 Julianne Gleason

October 15 Marion Gannon

October 24 Alice Cassells

October 24 Mary Wiecenski

October 26 Loretta Zigmund

October 27 George Pippin

October 28 Dorothy Wittenzellner

October 30 Burt Zenowitz

All members are invited to join us for cake and ice cream at the Senior Center on **Wednesday, October 5th at 12:30 PM** to celebrate the October birthdays.

Willington Veterans Memorial Foundation upcoming events:

Willington Veterans Memorial Foundation Quarterly Meeting:

Monday, October 17th at 6:30 PM at the Willington Senior Center.

All residents are welcome to attend.

Veterans Day Celebration Ceremony:

Saturday, November 12th at 11:15 AM at the Veterans Memorial across from the Senior Center. **Please join us at the Senior Center at 10:45 AM for refreshments.**

Special Thanks!

I would like to thank Claudia D'Agata, Rick & Shirley Beyor, Bill Griffin, and Laurette Lapointe for all their help at this year's Willington Flea Market held on September 10th. They helped out in a number of ways to make this a very successful event for the Senior Center.

Burt Zenowitz, President



We send our sincere sympathy to the family and friends of Isabella Drobney, who passed away recently.

Happy October!

Thanks to all who came out to the Breakfast in September! It's so nice to have things getting back to normal and being able to socialize again. The Senior Center is having a lot of great programs and trips, so drop by and see what we have to offer. We are also looking for a few committee members and volunteers, so let us know if you are interested in helping out.

Just a reminder that the Center will be closed on Monday October 10th.

Also this month is the Scarecrow Contest, so please consider entering! There are different categories, and the winners will be announced at our November Birthdays and Anniversaries celebration.

Enjoy the fall weather, and we hope to see you soon!

Burt H. Zenowitz, President
Willington Seniors, Inc.

Hi Everyone!

We are officially done with Renters Rebate, and now, if you need assistance with winter home heating costs, feel free to contact us about one of three programs we can use to assist you, including Connecticut's Energy Assistance Program. This year we are doing Energy Assistance a bit different to ensure safety of all documentation, and therefore, please make an appointment because it is a lengthy process.

Autumn is very busy for my department, but my relationships with people are my top priority. If you ever have any issues, questions, or concerns with me, my staff, our programs, my department, or anything else, please do not hesitate to contact me. I can be reached by phone, email, or drop by when we are open. I am more than happy to address any concerns you have, because it is my priority to serve you!

Hoping you all stay safe, and enjoy the beautiful foliage!

☺ Jennie

Jennie A. Arpin, M.P.A.
Director of Human Services
Town of Willington

Line Dancing

A new day and time! Mondays - 1:00 - 2:00

The next session of Line Dancing will begin on Monday October 17. We will be starting off "Nice and Easy" so it will be the perfect time to give it a try!
You can sign-up prior to the first meeting or the first day of class. The sign-up sheet is on the table at the Senior Center.

Please check the calendar on the last page of the Bugle for all the scheduled activities!

There will be NO Line Dancing on Halloween, October 31st



Nan's News



October: the time of year when the leaves are really changing, the leaf peepers are out in droves, and sweater weather has finally arrived. Many people love the Fall, and October is that perfect balance between "not summer anymore" and "yep, it's winter now." To me, however, the greatest thing about October is that it has my favorite holiday: Halloween! I love everything about Halloween – the costumes, the candy, carving pumpkins, and of course Trick-or-Treating with the kids.

This year I'm looking forward to the annual Trunk or Treat and to the Halloween Party hosted by Parks and Rec and Human Services. I'm excited to see how folks have decorated their cars for the trick-or-treaters, and to see all the kids running around in their costumes. I'm also looking forward to the Seniors' annual Scarecrow Contest – I wonder who our competition will be this year?

The event I'm looking forward to the most, however, is our Autumn Afternoon Tea! On October 7th, 3-4 pm, Human Services will be hosting our second tea party of the year. We've got some delicious plans in the making, and we are sure to have a wonderful time drinking tea, enjoying treats, and socializing. If you're interested in joining us, call Human Services at 860-429-8321, email me at nking@willingtonct.gov, or drop by the Senior Center to sign up.

Have a wonderful month, Nan



Help us decorate our

MITTEN TREE

At the Willington Senior Center!

*The Willington Seniors are asking for donations of
mittens and gloves for
Willington children and adults in need.
Handmade or store-bought are both accepted.*



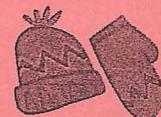
*Tuesday, Nov. 1st, to Friday, Dec. 9th.
Senior Center Hours: 9-2 Mon-Fri*

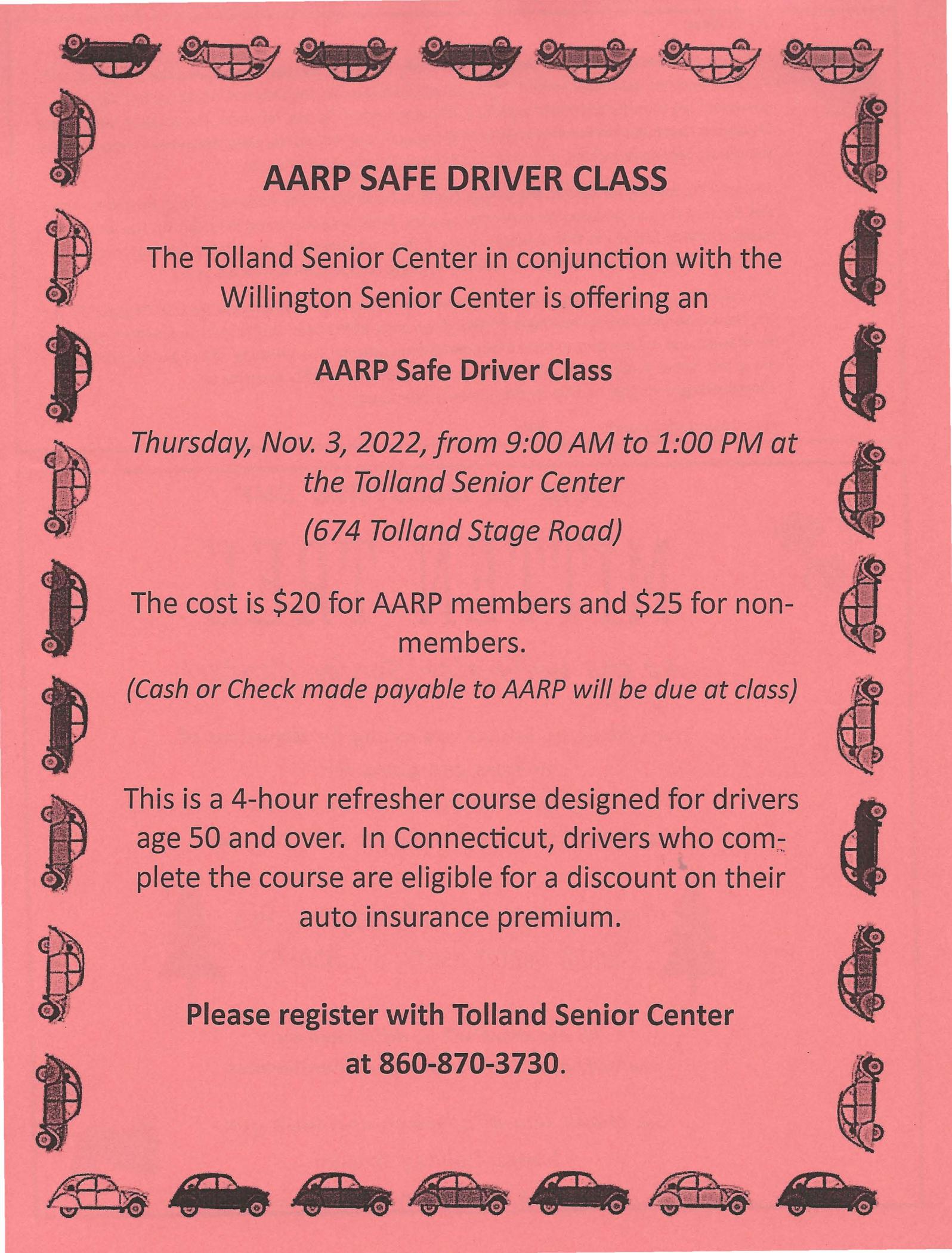


*All donations will be distributed by
the Willington Department of Human Services.*

*We thank you in advance and wish you
a happy holiday season!*

—The Willington Seniors





AARP SAFE DRIVER CLASS

The Tolland Senior Center in conjunction with the
Willington Senior Center is offering an

AARP Safe Driver Class

*Thursday, Nov. 3, 2022, from 9:00 AM to 1:00 PM at
the Tolland Senior Center
(674 Tolland Stage Road)*

The cost is \$20 for AARP members and \$25 for non-
members.

(Cash or Check made payable to AARP will be due at class)

This is a 4-hour refresher course designed for drivers
age 50 and over. In Connecticut, drivers who com-
plete the course are eligible for a discount on their
auto insurance premium.

**Please register with Tolland Senior Center
at 860-870-3730.**



HALLOWEEN WORD SEARCH

M B Y N W G V Z E T F R M H O S D
U A T T E R O C T O B E R Z V Q W
N H S F R A N K E N S T E I N C Z
O A D K E V K P S B J I Y Q S O O
F L R N W E C V P K O G U S C K M
R L A I O Y S M I E U N A M A K B
I O C G L A I C D Q E L E M R K I
G W U H F R W D E P J E L S E V E
H E L T J D F P R C O F F I N S Q
T E A E L I Z T W C A U L D R O N
E N V A M P I R E B V B R O O M Q
N S H A D O W S B I M A E K X Z D

BONES

DRACULA

GRAVEYARD

OCTOBER

SPIDERWEB

BROOM

FRANKENSTEIN

HALLOWEEN

SCARE

VAMPIRE

CAULDRON

FRIGHTEN

MASK

SHADOWS

WEREWOLF

COFFIN

GAMES

NIGHT

SKULL

ZOMBIE

Do you know how Halloween started?

Despite the festivities surrounding modern Halloween, the holiday's history is less about fun and more about religious superstitions.

Halloween originated about 2,000 years ago with the ancient Celtic festival of Samhain, or end of summer, which was held on November 1 and was considered the beginning of the new year. The end of summer meant the end of the harvest and the beginning of winter, a time when many would die. The Celts believed that, at this time of year, the dead could pass into the realm of the living. To protect themselves from evil spirits, the people would dress up as hideous, evil creatures in the hopes of scaring the spirits away. The Celts also built large bonfires, or "bone fires," where they burned crops and animals as a sacrifice to their gods.

After the Roman Empire conquered the Celts, their own celebrations were added. Feralia was normally celebrated in late October in honor of the dead. The Romans also held a celebration to honor Pomona, goddess of fruit and trees. Her symbol was the apple, which may be where the activity of bobbing for apples originated.

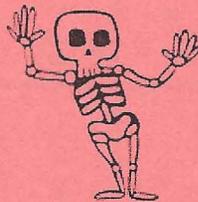
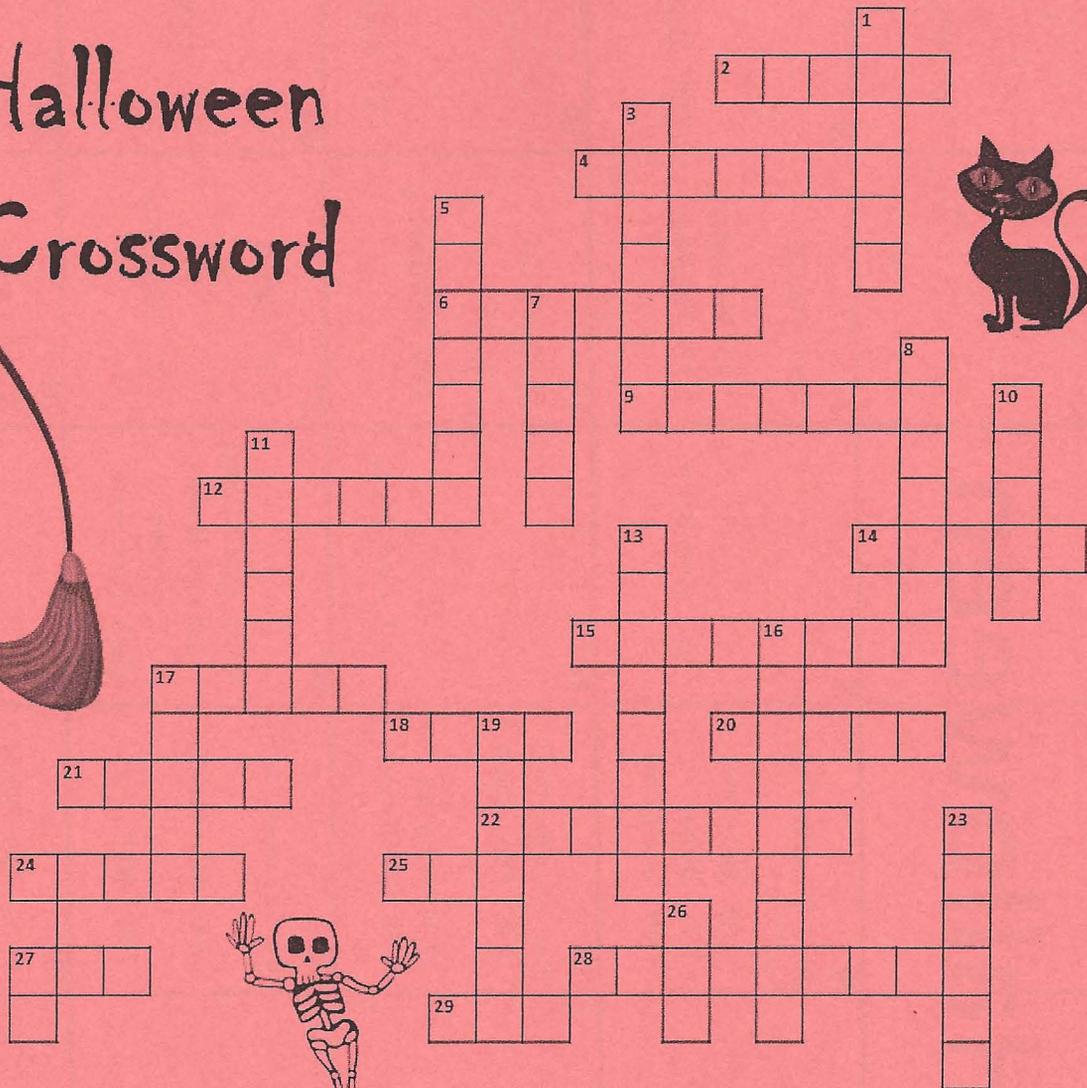
Many years later, the Catholic Church started to incorporate pagan celebrations into their own teachings to encourage new converts. Catholic leaders declared November 1 to be All Saints Day, or All Hallows, in honor of the dead. It was celebrated in much the same way as Samhain was celebrated, with bonfires and costumes. The night before this celebration was the traditional Samhain celebration, which later became known as All Hallows Eve, or Halloween.

Many of the common traditions today came from practices in ancient time. Trick-or-treating came from a time when the poor would go door-to-door begging for food and money in exchange for prayers for the dead. The scary costumes came from the Celts dressing up as evil spirits for protection against spirits that would try to hurt them. People would leave food and wine out to appease the spirits roaming the earth and hopefully keep them from entering their homes. Jack o' lanterns were carved from potatoes, turnips, and eventually, pumpkins, to scare away evil spirits that may be lurking around. All of these traditions were brought to the US when immigrants moved here, and as the traditions blended together, they evolved into the traditions we have today to celebrate Halloween.



--Kristie Rivers, MD, FAAP, Board Certified Pediatrician

Halloween Crossword



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Across

- 2. Frightening
- 4. He hates garlic
- 6. Frankenstein had one
- 9. The Count
- 12. Where a vampire sleeps
- 14. ____ or treat
- 15. Scare
- 17. A skeleton is just a bunch of these
- 18. Mr. O'Lantern

- 20. What the pot might call the kettle
- 21. ____ stories
- 22. A boney sort of fellow
- 24. Found in Egypt
- 25. Lives in the belfry
- 27. Whoo? Whoo?
- 28. Playground for ghosts
- 29. What a spider spins

Down

- 1. When something makes our skin crawl, it's this
- 3. ____ house
- 5. Makes a popular pie
- 7. When ghosts come out to play
- 8. Fire burn, and ____ bubble
- 10. Samantha for example
- 11. Evil or mischevous creature

- 13. Comes out on full moon nights
- 16. October 31st
- 17. Witch transportation
- 19. Disguise
- 23. Incey wincey is one of these
- 24. Might be full, half, or new
- 26. He swallowed the canary



October

2022



Willington Senior Center

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy Halloween

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Halloween					1 7:00 Setback
2	3 Scarecrow contest begins	4 10:00 Tai Chi <i>Yom Kippur begins</i>	5 10 to 12 Ladies Pool 12:30 Birth/Anniv 1:30 Bingo 7:00 Men's Pool	6 1 to 3 Craft Social	7 10:00 Tai Chi 1:00 Wii Bowling 3:00 Tea Party	8 7:00 Setback
9	10 CLOSED	11 9:30 Walmart 10:00 Tai Chi	12 10 to 12 Ladies Pool 11:00 Food Share 12:30 Exec. Bd. 7:00 Men's Pool	13 1 to 3 Craft Social	14 10:00 Tai Chi 1:00 Wii Bowling	15 7:00 Setback
16	17 1:00 Line Dancing	18 10:00 Tai Chi	19 10 to 12 Ladies Pool 12:30 General Mtg 7:00 Men's Pool	20 11:30 Lunch Bunch Main Fish Market E. Windsor 1 to 3 Craft Social	21 10:00 Tai Chi 1:00 Wii Bowling	22 7:00 Setback
23 / 30	24 / 31 1:00 Line Dancing no line dancing <i>Halloween</i>	25 10:00 Tai Chi	26 11:00 Food Share 10 to 12 Ladies Pool 12:30 Bingo 7:00 Men's Pool	27 1 to 3 Craft Social	28 10:00 Tai Chi 1:00 Wii Bowling	29 7:00 Setback