Willington Senior Center 20 Senior Way Willington, Ct. 06279 860-429-8321

# Bullon Shop Bugle

Monthly Newsletter
November 2022

# **Happy Thanksgiving**

Our Mission: to bring seniors together to provide and promote needful social, educational, cultural and health programs.



### **November Birthdays**

Birthstone – Topaz

Flower – Chrysanthemum

### **November Anniversary**

November 25 Richard & Helen Dewey

November 1 Nancy Humphrey

November 9 Janet Hlobik

November 10 Marjorie Brown

November 11 Ann Sylvia

November 12 Dorothy Hill

November 19 Barbara Dion

November 20 Wilbur Gangaway

November 22 Cecile Hurley

All members are invited to join us for cake and ice cream at the Senior Center on Wednesday, November 2nd at 12:30 PM to celebrate the November birthdays and anniversary.

### We're here to help!

If you or someone you know needs durable medical equipment or incontinence supplies, please contact Jennie Arpin, Director of Human Services at 860-429-8321. Jennie's office is located in the Willington Senior Center.

### Please stop by and see what's on our free table!

We have a table set up at the Senior Center offering a number of free items, including costume jewelry. Please stop by between 9:00 AM and 2:00 PM weekdays and take a look. Yes, these items are free, but we always welcome donations. Thank you and hope to see you soon!

### **Important Phone Numbers**

In an Emergency	9-1-1
Dept. of Emergency Services & Public Protection	
CT Poison Center.	
United Way Information Line	
Red Cross.	

#### Happy November!

I wish you all a Happy Thanksgiving! It's hard to believe that it's almost the Holidays, but you know what they say about how time flies when you are having fun!

I wanted to take some time to thank our members Shirley Beyor, Rick Beyor and Claudia D'Agata for all they have done to organize the center and help keep it looking its best!

Also, a reminder, that we are now distributing bread on Wednesdays from 10-11am at the Willington Town Offices in the back. Please remain in your vehicles for the safety of our volunteers.

Keep an eye out for more information on the Banquet coming up next month. Until then, we hope to see you at the Center!

Burt Zenowitz, President Willington Seniors, Inc.

#### Hi Everyone!

November is my favorite month! I don't know if other people have a favorite month, and if they do, it is probably not November! I, however, like cold weather, a hot drink, and a warm fireplace to nap in front of with my cats.

Every year around this time, my children and I pick a month when we think the first measurable snowfall will be, and the winner gets the dessert of their choice. Now that my oldest son is home from the military, I will sit this year out and let my three children pick what month they think it will be. Hopefully, the winner picks a dessert I like!

Wishing you all a Happy Thanksgiving and see you soon!

Jennie

Jennie A. Arpin, M.P.A. Director of Human Services Town of Willington Hello, everyone, and welcome to November! It's getting colder out, and although I'm partial to spring, I'm looking forward to some cooler weather and maybe even some more rain.

One of the things I look forward to every year about this time is the day my ginkgo tree loses its leaves. The ginkgo is one of the trees that lose all its leaves at once, after the first hard frost. Every year, I like to go outside, stand near the ginkgo, and enjoy the leaf-fall. It's always an experience!

Another day I look forward to this month is Thanksgiving. My family is very large, so we usually celebrate the holiday twice: once with our immediate families, and once with our huge extended family. We enjoy the traditional Thanksgiving fare, but I always like to mix it up a little with something new. This year I may try a different type of pie or a new side dish.

In other news, our Autumn Afternoon Tea was a success! We hosted around twenty people, tasted three different types of teas, and enjoyed some wonderful teatime treats. Our next Afternoon Tea will be in May, date TBA. I'll advertise the date in the spring, but don't hesitate to let me know you'd like to attend!

I hope you have a wonderful month and the beginning of a fantastic holiday season!

Nan



### Help us decorate our

# MITTEN TREE

At the Willington Senior Center!

The Willington Seniors are asking for donations of mittens and gloves for Willington children and adults in need.

Handmade or store-bought are both accepted.



Tuesday, Nov. 1st, to Friday, Dec. 9th. Senior Center Hours: 9-2 Mon-Fri



All donations will be distributed by the Willington Department of Human Services.

We thank you in advance and wish you
a happy holiday season!

—The Willington Seniors



### Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz

1<sup>st</sup> Vice President: Dottie Wittenzellner

2<sup>nd</sup> Vice President: Linda Morse

Treasurer: Joseph Piatek

Assistant Treasurer: Betty Robertson

Secretary: Vacant

Assistant Secretary: Vacant

### Willington Seniors, Inc. Committees

Advisory and Suggestions: Vacant Banquet: Burt Zenowitz, Joseph Piatek

Building: Vacant

Kitchen: Claudia D'Agata Membership: Shirley Beyor

Programs: Vacant

Publications: Christine Swenson, Dorothy Wittenzellner, Roxanne Navratil, Shirley Beyor

Publicity/Website: Jennie Arpin

Technology/Computers: Edward D'Agata

Transportation: Joseph Piatek Trips: Nan King (interim) Veterans: Joseph Rondeau

### We are looking for new volunteers and new ideas!

In addition to searching for members to fill vacant positions listed above, we are also seeking members with special skills or interests who might be able to volunteer an hour a week, or perhaps a couple of hours per month, to help with the following:

- 1. Submit Bugle newsletter articles, recipes, or anything else you'd like to share. Perhaps you've taken a trip recently and can share your experiences, recommend a good book, or tell us about your pet. Please use the Bugle submission form on the reverse.
- 2. Copy, staple, stamp and mail out the monthly Bugle. This requires many helping hands.
- 3. Take minutes of the monthly Executive Board meeting and/or the General meeting.
- 4. Maintain membership records (this would require computer skills).
- 5. Periodically trim, weed, and mulch the flower beds and shrubs outside the Center.

If you can help us out, we would love to hear from you. Please fill out this brief form and mail it back, or you may simply drop it in either the Senior Center drop box to the right of the front door or the mailbox inside to the left of the office. Thank you!

Name:	Phone #:
Yes, I would like to volunteer to help out with the following	ng:

TO:	Members
FR:	Publications Committee: Christine Swenson, Dorothy Wittenzellner, Roxanne Navratil, Shirley Beyor
RE:	Bugle Submission Form
anno Bugle	u would like to make a comment about the Bugle newsletter, submit an article, or nunce an upcoming event, please fill out the form below and either drop it in the mailbox located in the lobby of the Senior Center or in the mail drop box outside ont door. The deadline for Bugle submissions is the 3 <sup>rd</sup> Thursday of each month.
We a	appreciate your submissions and welcome your feedback. Thank you!
	*******
Bugl	e Article: Please attach a copy to this form.
Nam	e of Upcoming Event:
Date	/Time/Place of Upcoming Event:
In wh	at month would you like the event to appear in the Bugle?
III VVII	
	se write a brief description of the event, as you would like it to appear in the Bugle
	se write a brief description of the event, as you would like it to appear in the Bugle
Pleas	Name: Phone #:
Pleas  Your  Gene know	
Pleas  Your  Gene know	Name: Phone #:

Rev October 2022

## WILLINGTON SENIOR CENTER HOLIDAY BANQUET

### LET'S ENJOY THE HOLIDAY SEASON WITH GREAT FOOD, GOOD FRIENDS AND HOLIDAY CHEER!!!

WEDNESDAY, DECEMBER 14, 2022 - 12 NOON - \$12 members, \$17 nonmembers

### MENU

Sliced roast beef in gravy
Chicken parmigiana
Oven roasted potatoes
Mixed vegetables
Tossed salad
Dessert: Holiday Cake
Drinks: Coffee, Tea, Holiday Punch, Bottled Water

Please sign up below no later than <u>December 7, 2022</u> and return with your enclosed check payable to Willington Seniors, Inc. to the front door senior center drop box or drop box inside next to senior center office.

MEMBER NAME:	NON MEMBER GUEST:			
TOTAL DAVMENT ENGLOSED: \$				



November 2022

Willington Senior Cent						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Tai Chi Mitten Tree begins	2 10 to 12 Ladies Pool 12:30 Birth/Anniv 1:30 Bingo Scarecrow contest winner announced 7:00 Men's Pool	<b>3</b> 1 to 3 Craft Social	<b>4</b> 10:00 Tai Chi 1:00 Wii Bowling	<b>5</b> 7:00 Setback
6	7 1:00 Line dancing	8 10:00 Tai Chi Election Day	9 10 to 12 Ladies Pool 11:00 Food Share 12:30 Exec. Bd. 7:00 Men's Pool	1 to 3 Craft Social	11  Veterans Day  Center is closed	<b>12</b> 7:00 Setback
13	1:00 Line dancing	<b>15</b> 10:00 Tai Chi	16 10 to 12 Ladies Pool 12:30 General Mtg 6:30 Men's Pool	17 1 to 3 Craft Social	<b>18</b> 10:00 Tai Chi	<b>19</b> 7:00 Setback
20	1:00 Line dancing	<b>22</b> 10:00 Tai Chi	23 10 to 12 Ladies Pool 11:00 Food Share 12:30 Bingo 6:30 Men's Pool	Thanksgiving Center is closed	<b>25</b> No Tai Chi	7:00 Setback
27	1:00 Line dancing	<b>29</b> 10:00 T <sub>g</sub> ai Chi	30 10 to 12 Ladies Pool 12:30 Bingo			