

Willington Senior Center
20 Senior Way
Willington, CT 06279
(860) 429-8321

Button Shop Bugle

Monthly Newsletter
January 2024



Happy
New Year
2024

***Our Mission: to bring seniors together to provide and promote
needful social, educational, cultural and health programs.***

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz

1st Vice President: Dottie Wittenzellner

2nd Vice President: *Vacant*

Treasurer: Joseph J. Piatek, Jr.

Assistant Treasurer: Norma Rondeau

Special Asst. to Treasurer: Claudia D'Agata

Secretary: Julie Engelke

Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: *Vacant*

Banquet: Burt Zenowitz, Joseph J. Piatek, Jr.

Building: *Vacant*

Fundraising: Julie Engelke

Kitchen: Claudia D'Agata

Membership: Shirley Beyor

Programs: Nan King

Publications: Nan King

Publicity/Website: Nan King

Technology/Computers: Edward D'Agata

Transportation: Joseph J. Piatek, Jr.

Trips: Nan King

Veterans: Joseph Rondeau



We send our sincere sympathy and condolences to the family and friends of Paul Chicoine, who passed away recently.

We wish Burt Zenowitz, President of Willington Seniors, Inc., a speedy recovery from surgery.

President's Message, January 2024

Hello Everyone, and Happy New Year!

We had a wonderful Holiday Banquet on December 13th, with over 80 people attending. A good time was had by all! Thank you to everyone who volunteered, especially Claudia D'Agata, our kitchen coordinator. The food was delicious and the company was even better.

Our next event will be the Seniors Breakfast on February 10th! Mark your calendars and bring your loved ones for a special Valentine treat.

Have a great January, and best wishes for a happy and healthy 2024.

Burt Zenowitz

President, Willington Seniors, Inc.

Willington Seniors Fund Raising Committee

written by Julie Engelke

The first Willington Seniors, Inc. fund raising event at the banquet was a great success! Thank you to all the members who participated in the gift collection and fabrication of holiday baskets for the silent auction. All baskets were generously bid on and folks were very pleased with their purchases. The 50/50 drawing winner was Mark Masinda, who walked away with \$169. Our next opportunity will correspond with the February 10th breakfast — I'm thinking a Valentine's Day theme is in the air. The next meeting is on 1/3/24 at 1 pm; please note the change in time. All are welcome to bring their

ideas and helpful hands.

Thank you in advance for your support,
Julie

Bread Share will start at 10 am starting 1/3/24.

Bread share will continue weekly and we will still be open for one hour. Food Share will continue at 11 am every other week. Please adjust your calendars so not to miss the event.

Thank you and see you there, Julie.

Town of Willington Important Phone Numbers

Department	Phone
Animal Control _____	(860) 428-4422
Board of Selectmen _____	(860) 487-3100
Building Department _____	(860) 487-3123
Burning Official _____	(959) 929-4181
Elections Department _____	(860) 487-3120
Financial Office _____	(860) 487-3139
Fire Marshal _____	(959) 929-4181
Human Services _____	(860) 487-3118
Land Use Department _____	(860) 487-3123
Parks and Recreation _____	(860) 487-3108
Public Works _____	(860) 684-9313
Senior Services _____	(860) 429-8321
Tax Collector _____	(860) 487-3111
Town Clerk _____	(860) 487-3121
Treasurer _____	(860) 487-3133
Willington Assessor _____	(860) 487-3122
Email: Kfishman@willingtonct.gov	
Email: Nsnyder@willingtonct.gov	
Willington Senior Center _____	(860) 429-8321
Email: nking@willingtonct.gov	

LUNCH WITH A GOOD BOOK

The Messy Lives of Book

People

By Phaedra

Patrick

Jan 9, 2024



Mother of two Liv Green barely scrapes by as a maid to make ends meet, often finding escape in a good book while daydreaming of becoming a writer herself. So she can't believe her luck when she lands a job house keeping for her personal hero, megabestselling author Essie Starling, a mysterious and intimidating recluse. The last thing Liv expected was to be the only person Essie talks to, which leads to a tenuous friendship. When Essie passes away suddenly, Liv is astonished to learn that her dying wish was for Liv to complete her final novel. But to do so Liv will have to step into Essie's Shoes. As Liv begins to write, she uncovers secrets from the past that reveal a surprising connection between the two women — one that will change Liv's own story forever...



Nan's News, January 2024



Hello everyone! I hope you had a wonderful and relaxing holiday. January is the month I usually hole up at home; I enjoy sitting on the sofa with tea or cocoa and looking outside. **Hygge** (**hoo-gə** or **hoo-ga**) is the Danish concept of taking time away from the daily rush to be together with people you care about—or even by yourself—to relax and enjoy life's quieter pleasures. It's a year-round thing in Denmark, but the short, cold days of January are the optimal time to relax, gather with friends and family, and get cozy. Sounds like my kind of winter!

Things to be Noted for January:

Line Dancing and **Cornhole** will resume in January at **1 & 2:15 PM on Mondays** starting 1/8.

Tai Chi will continue as usual on **Tuesdays and Fridays at 10 am**. Come join Leslie and Bob Letendre for some gentle stretches followed by Tai Chi forms. All are welcome!

The **Craft Workshop** is on **Tuesdays at 12:30 PM**. All are welcome and all materials are provided! This month, we'll be crafting Lavender Vanilla Salt Scrub (1/2), Shrinky Dink Jewelry (1/9), and Paper Beads (1/16), then practicing Zentangle art (1/23) and continuing our Scrapbooking (1/30).

The return of **Setback!** Love playing cards? Hate driving in the dark? Come join us for Setback, **Thursdays at 1 PM**. Don't know how to play? We are a very friendly group and we are willing to teach you!

Also on **Thursdays at 1 pm**, the **Craft Social** is a great time to practice your **hygge** — come by, have a cup of tea or cocoa, and enjoy the company of friends while you do the craft of your choice.

This month, I'm also asking that **if you'd like to discuss programming at the Center**, join us at the Craft Social on 1/18 to bring your ideas! If you can't make it, a phone call or note works too!

Interested in reviving a program? If there is interest but the timing is off, we can switch a program around to a different day or time so that more people may join. Depending on the program, we could have two going at once!

Do you have expertise in a game, craft, or other activity? We need volunteers to run more programming! Only a few people are needed to run a program, so grab a group of friends and give me a call. We will find time in the schedule for you!

Stay cozy,

Nan King

Senior Center Coordinator

860-429-8321



January Birthdays

Birthstone: Garnet

Flower: Carnation or Snowdrop

January 1 Carol Noyes
January 2 Michael LaPierre
January 6 Francoise Brodeur
January 6 Robert Ogden

January 14 Nancy Maguire
January 17 Jeanne Monty
January 25 Gerald Hall



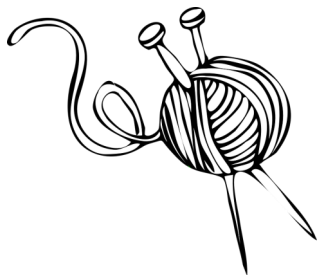
There are no January anniversaries.



We will no longer be celebrating
BIRTHDAYS AND ANNIVERSARIES

On the first Wednesday of the month
at the Senior Center

because of the lack of participation.



FREE TABLE: JANUARY

Our Free Table theme for January is “Creative, Calm, and Cozy”!

The table will feature items for knitting and crochet. We have an array of yarns, many styles and sizes of knitting needles, and knitting and crochet magazines and books. Come check it out! As always, the table also has costume jewelry, books, and other treasures. Stop by between 9:00 AM and 2:00 PM weekdays and take a look. Yes, these items are free, but we always welcome donations.

Thank you and hope to see you soon!

WILLINGTON SENIORS, INC.

VALENTINE BREAKFAST

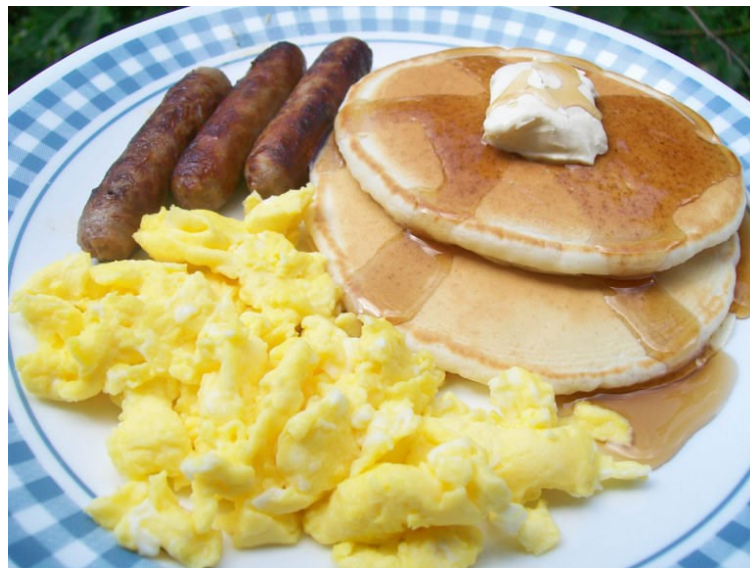
SATURDAY, FEBRUARY 10, 2024

8:30 AM-10:30 AM

WILLINGTON SENIOR CENTER, 20 SENIOR WAY, WILLINGTON

***YOUR CHOICE OF THE FOLLOWING
FOR THE LOW PRICE OF \$7!!***

- **BACON OR HAM OMELET WITH CHEDDAR CHEESE, PEPPERS, ONIONS**
- **SCRAMBLED EGGS**
- **BLUEBERRY OR PLAIN PANCAKES**
- **TEXAS TOAST OR RAISIN BREAD FRENCH TOAST**
- **HASH BROWN POTATO PATTIES**
- **SAUSAGE LINKS**
- **REGULAR COFFEE, DECAF COFFEE, HOT TEA, ORANGE JUICE, BOTTLED WATER.**



**Featuring our
VALENTINE GIFT BASKET DRAWING!**



JANUARY

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically and diagonally in all eight directions.

W	R	I	H	I	T	M	E	T	I	T	O	N	Y
N	Y	O	C	I	I	A	E	U	S	R	B	O	R
H	E	E	K	T	B	N	K	N	A	R	O	I	A
I	I	S	I	Y	R	E	E	R	H	A	O	T	U
T	E	E	V	A	R	L	R	E	A	R	T	U	N
Y	N	D	G	A	O	E	W	N	Y	P	S	L	A
S	Y	T	S	O	R	F	T	I	A	I	S	O	J
T	H	E	W	B	E	S	T	S	N	T	D	S	A
C	A	R	N	A	T	I	O	N	U	T	E	E	Y
I	N	T	B	L	A	N	K	E	T	L	E	R	T
H	E	E	A	R	M	U	F	F	S	S	B	R	L
E	T	I	B	T	S	O	R	F	Y	N	E	A	I
R	N	R	Q	S	M	R	O	T	S	O	Z	I	U
V	B	L	I	Z	Z	A	R	D	Q	W	F	G	Q

By Jimmy and Evelyn Johnson - www.qcts.com

Blanket	Frosty	Quilt
Blizzard	Garnet	Resolution
Blustery	Hibernate	Ski
Boots	Ice	Snow
Carnation	January	Storms
Earmuffs	Mittens	Winter
Frostbite	Parka	Woolens

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 CLOSED for the New Year Holiday	2 10 AM Tai Chi 12:30 Craft Workshop: Lavender Vanilla Salt Scrub	3 10 AM Bread & Pastry 11 AM FoodShare	4 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	5 10 AM Tai Chi 11:15 Chair Volleyball	6
7	8 1 PM Line Dancing 2:15 PM Cornhole	9 9:30 SAVERS Trip 10 AM Tai Chi 11 AM Lunch w/a Good Book 12:30 Craft Workshop: Shrinky Dink Jewelry	10 10 AM Bread & Pastry 1 PM Executive Board	11 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	12 10 AM Tai Chi 11:15 Chair Volleyball	13
14	15 CLOSED for Martin Luther King, Jr. Day	16 9:30 AM Walmart 10 AM Tai Chi 12:30 Craft Workshop: Paper Beads	17 10 AM Bread & Pastry 11 AM FoodShare 1 PM General Meeting	18 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	19 10 AM Tai Chi 11:15 Chair Volleyball	20
21	22 1 PM Line Dancing 2:15 PM Cornhole	23 10 AM Tai Chi 12:30 Lunch Bunch 12:30 Craft Workshop: Zentangle	24 10 AM Bread & Pastry	25 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	26 10 AM Tai Chi 11:15 Chair Volleyball	27
28	29 1 PM Line Dancing 2:15 PM Cornhole	30 10 AM Tai Chi 12:30 Craft Workshop: Scrapbooking	31 10 AM Bread & Pastry 11 AM FoodShare	1 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	2 10 AM Tai Chi 11:15 Chair Volleyball	3
31						