

Willington Senior Center
20 Senior Way
Willington, CT 06279
(860) 429-8321

Button Shop Bugle

Monthly Newsletter
February 2024



***Our Mission: to bring seniors together to provide and promote
needful social, educational, cultural and health programs.***

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz
1st Vice President: Dottie Wittenzellner
2nd Vice President: *Vacant*
Treasurer: Joseph J. Piatek, Jr.
Assistant Treasurer: Norma Rondeau
Special Asst. to Treasurer: Claudia D'Agata
Secretary: Julie Engelke
Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: *Vacant*
Banquet: Burt Zenowitz, Joseph J. Piatek, Jr.
Building: *Vacant*
Fundraising: Julie Engelke
Kitchen: Claudia D'Agata
Membership: Shirley Beyor
Programs: Nan King
Publications: Nan King
Publicity/Website: Nan King
Technology/Computers: Edward D'Agata
Transportation: Joseph J. Piatek, Jr.
Trips: Nan King
Veterans: Joseph Rondeau



President's Message, February 2024

Hello Everyone,

I hope you've all been keeping warm the past month. I hope February brings us some less bitter weather, and that spring comes sooner rather than later this year!

Be sure to join us for the Valentine Breakfast on February 10th! Mark your calendars and bring your loved ones for a special Valentine treat. We'll also have a 50/50 drawing and a Valentine Basket drawing. Come enjoy the delicious food and maybe win a drawing!

Have a wonderful February,

Burt Zenowitz

President, Willington Seniors, Inc.

We will no longer be celebrating **BIRTHDAYS AND ANNIVERSARIES** at the Senior Center with cake and ice cream on the first Wednesday of the month because of the lack of participation.

WANTED:

Chair Yoga Instructor *and* Exercise Class Instructor

The Willington Seniors are looking for instructors to lead our seniors in fun and energizing group classes one day a week.

Please call Nan at 860-429-8321 or email nking@willingtonct.gov for details.

Willington Seniors Fund Raising Committee

written by Julie Engelke

Ideas are flowing, and new opportunities for fundraising are in the works. There will be a chance to win a great Valentine's Day basket at the upcoming breakfast on February 10th as well as the popular 50/50 drawing. I have contacted our First Selectman Tanaka concerning the usage of the Senior Center Building and have found him very receptive to our ideas.

Our next meeting is on **February 7th at 1 pm**. I invite all to come and see what we are doing to increase funding that can directly enhance experiences for all members including newer programs and trip adventures!

Hope to see you soon,

Julie

Bread Share will start at 10 am starting 1/3/24.

Bread share will continue weekly and we will still be open for one hour. Food Share will continue at 11 am every other week. Please adjust your calendars so not to miss the event.

Thank you and see you there, Julie.

Town of Willington Important Phone Numbers

Department	Phone
Animal Control	(860) 428-4422
Board of Selectmen	(860) 487-3100
Building Department	(860) 487-3123
Burning Official	(959) 929-4181
Elections Department	(860) 487-3120
Financial Office	(860) 487-3139
Fire Marshal	(959) 929-4181
Human Services	(860) 487-3118
Land Use Department	(860) 487-3123
Parks and Recreation	(860) 487-3108
Public Works	(860) 684-9313
Senior Services	(860) 429-8321
Tax Collector	(860) 487-3111
Town Clerk	(860) 487-3121
Treasurer	(860) 487-3133
Willington Assessor	(860) 487-3122
Email: Kfishman@willingtonct.gov	
Email: Nsnyder@willingtonct.gov	
Willington Senior Center	(860) 429-8321
Email: nking@willingtonct.gov	

IMPORTANT NOTICE!

If Willington Schools are closed all day on a Wednesday due to inclement weather, we will postpone the bread and pastry distribution to the next day (Thursday) from 10 am-11 am at the Willington Senior Center. You will need to park your vehicle and come inside the Center.

If **FoodShare** is normally scheduled for a Wednesday when the Willington Schools are closed due to weather, it will be cancelled and resume at its next regularly scheduled day and time.

A two-hour delay of school openings will not affect the regularly scheduled food distribution. Please watch for weather announcements and school closings on your TV, on news websites, or on the Town's website at **www.willingtonct.gov**.



Nan's News, February 2024

Hello everyone!

February is here, and with it the promise of either six more weeks of winter or fast-approaching spring. Groundhogs aside, for me, February is the month of buying seeds and planning the garden. Not all my plans come to fruition, but it's a lot of fun anyway!

We have many programs scheduled for the upcoming months! In addition to our regular great programs like Tai Chi and Chair Volleyball, take note of the following:

Our Valentine Breakfast is on Saturday, February 10th, from 8:30-10:30 AM! Come join us for food & fun, and maybe even enter to win a Valentine Basket Drawing or a 50/50 Drawing!

Blood Pressure Screenings begin on Tuesday, February 13th, from 11AM-12PM. We will be holding these screenings quarterly. Come to the first session & learn how to take your own blood pressure with our machines.

Learn to Play the Ukelele!: on Thursday, March 7th, we'll learn ukelele from Julie Stepanek! Julie does teaching and concerts throughout the area and has wonderful reviews from community programs about her ukelele classes. See the ad elsewhere in the Bugle for more information.

AARP Safe Driver Class returns! On Thursday, March 28th, from 9 AM-1PM, Judy Plantier will be here to teach about safe driving and save you money on your insurance! The fee is \$20 for AARP members, \$25 for non-members. This class is always a hit, so sign up early! See the signup sheet in the Senior Center, or call Nan at 860-429-8321 to register.

Things to be Noted for February:

Line Dancing is at **1 PM on Mondays**. Come show off your slide, or learn something new.

Cornhole is at **2:15 PM on Mondays**.

Tai Chi will continue as usual on **Tuesdays and Fridays at 10 am**. Come join Leslie and Bob Letendre for some gentle stretches followed by Tai Chi forms. All are welcome!

The **Craft Workshop** is on **Tuesdays at 12:30 PM**. All are welcome and all materials are provided! In February, we'll be crafting Valentine Coasters (2/6) and Multi-Holiday Flip Banners (2/13); having more fun with Shrinky Dink jewelry (2/20); and continuing our Scrapbooking (2/27).

Setback! Thursdays at 1 PM. Love playing cards? Hate driving in the dark? Come join us! Don't know how to play? We are a very friendly group and we are willing to teach you!

Also on **Thursdays at 1 pm**, the **Craft Social** is a great time to come by, have a cup of tea or cocoa, and enjoy the company of friends while you do the craft of your choice.

Stay cozy,

Nan King

Senior Center Coordinator

860-429-8321

nking@willingtonct.org

February Birthdays

Birthstone: Amethyst

Flower: Violet, Iris, or Primrose

February 2 Shirley McCaughey

February 4 Janet Cormier

February 4 Samuel Wheeler

February 11 Betsy Gunn

February 12 Carol Arnold

February 23 Judy Marco

February 24 Laurel Millix

February 24 Fred Passardi

February 25 Karen Blinn Dzat

February 26 Jennifer Breton

February 28 Tatyana Razumova



February Anniversaries

February 19 Raymond and Shirley McCaughey

FREE TABLE: FEBRUARY

Our Free Table theme for February is Valentine Hearts!

This month's table is all about HEART! We'll have Heart Smart health articles, romance novels, heart-themed coloring pages, heart-healthy cookbooks, and Valentine-themed jewelry, dishes, and décor. There will also be notes on happenings in February and a suggestion box welcoming any and all suggestions! Stop by between 9:00 AM and 2:00 PM weekdays and take a look. Even if you have a lot of stuff at home, you may see something that would make a great gift!

NEW: Each month, Designs by Dot Dot will be donating an item to the free table!

Thank you, Dot!

Thank you and hope to see you soon!



LEARN TO PLAY THE UKELELE!

UKELELE CLASS WITH JULIE STEPANEK

Thursday, March 7th, 10-11 AM.



Ukeleles will be provided, or bring your own!

Registration required. The class will be capped at 24, so be sure to register early!

Sign up at the Senior Center or call Nan at 860-429-8321 to register.

WILLINGTON SENIORS, INC.

VALENTINE BREAKFAST

SATURDAY, FEBRUARY 10, 2024

8:30 AM-10:30 AM

WILLINGTON SENIOR CENTER, 20 SENIOR WAY, WILLINGTON

YOUR CHOICE OF THE FOLLOWING

♥ FOR THE LOW PRICE OF \$7 ♥

- **BACON OR HAM OMELET WITH CHEDDAR CHEESE, PEPPERS, ONIONS**
- **SCRAMBLED EGGS**
- **BLUEBERRY OR PLAIN PANCAKES**
- **TEXAS TOAST OR RAISIN BREAD FRENCH TOAST**
- **HASH BROWN POTATO PATTIES**
- **SAUSAGE LINKS**
- **REGULAR COFFEE, DECAF COFFEE, HOT TEA, ORANGE JUICE, BOTTLED WATER.**



Featuring our
VALENTINE GIFT BASKET DRAWING
and 50/50 DRAWING!



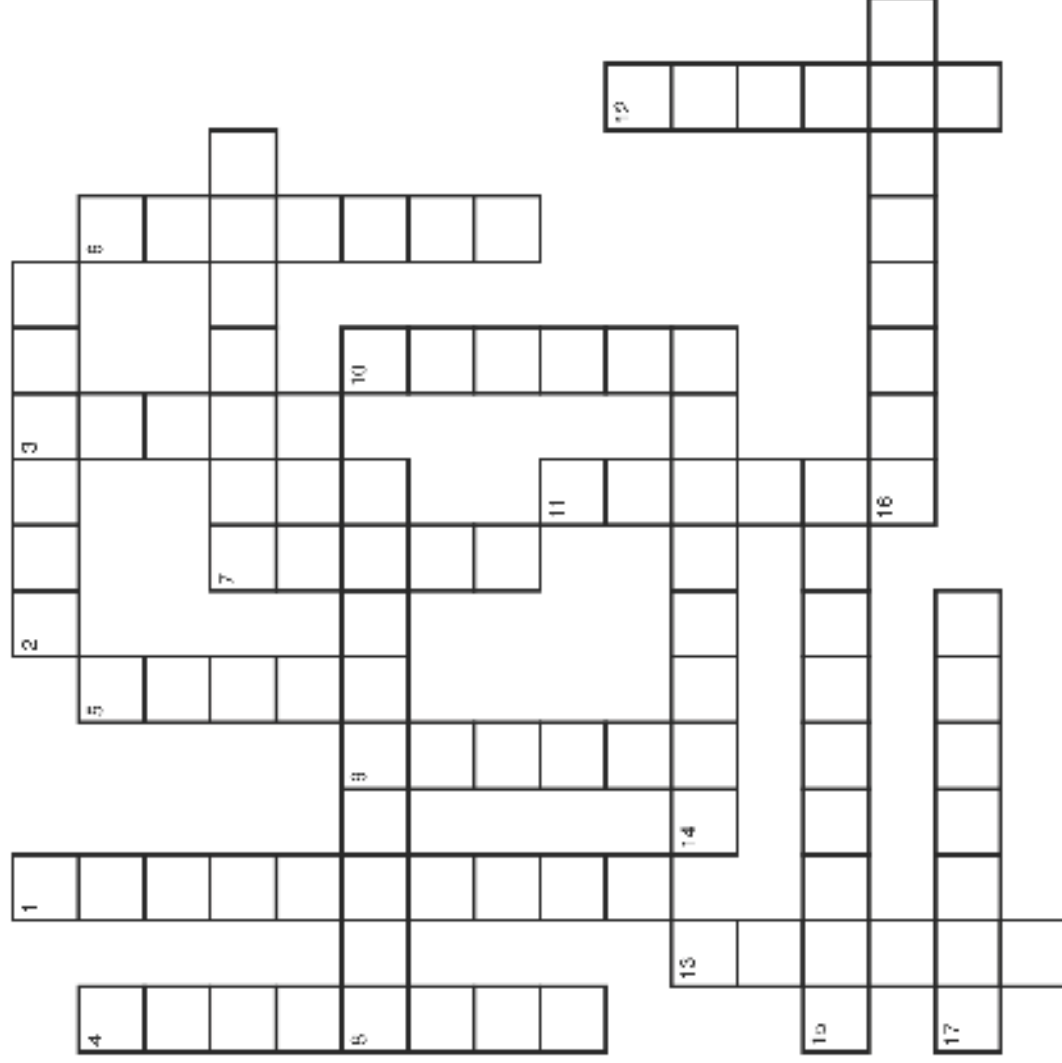
WINTER CROSSWORD

ACROSS

- 2) Frozen spike
- 7) Winter sculpture
- 8) Present day?
- 14) Winter coasting
- 15) Hearth
- 16) Rudolph and teammates
- 17) Winter ____ Games

DOWN

- 1) White Rabbit's milieu
- 3) Hot chocolate
- 4) Winter outerwear
- 5) Icy coating
- 6) Rink dancing
- 7) Neck wrap
- 9) Snow remover
- 10) Aspen activity
- 11) Small shake
- 12) Stanley Cup sport
- 13) Uncomfortably cool



February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	Jan 29 1 PM Line Dancing 2:15 PM Cornhole	Jan 30 10 AM Tai Chi 12:30 Craft Workshop: Scrapbooking	Jan 31 10 AM Bread & Pastry 11 AM FoodShare	1 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	2 10 AM Tai Chi 11:15 Chair Volleyball	3
4	5 1 PM Line Dancing 2:15 PM Cornhole	6 10 AM Tai Chi 11 AM Lunch w/a Good Book 12:30 Craft Workshop: Valentine Coasters	7 10 AM Bread & Pastry 12:30 Bingo	8 9:30 Casino Trip! 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	9 10 AM Tai Chi 11:15 Chair Volleyball	10 ♥♥♥ Valentine Breakfast 8:30 AM-10:30 AM
11	12 1 PM Line Dancing 2:15 PM Cornhole	13 9:30 AM Walmart & Savers 11 AM Blood Pressure Screening 10 AM Tai Chi 12:30 Craft Workshop: Holiday Flip Banners	14 ♥♥♥ VALENTINE'S DAY 10 AM Bread & Pastry 11 AM FoodShare 1 PM Executive Board	15 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	16 10 AM Tai Chi 11:15 Chair Volleyball	17
18	19 CLOSED for the Presidents' Day Holiday	20 10 AM Tai Chi 12:30 Lunch Bunch: To Be Determined 12:30 Craft Workshop: Shrinky Dinks Redux!	21 10 AM Bread & Pastry 1 PM General Meeting	22 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	23 10 AM Tai Chi 11:15 Chair Volleyball	24
25	26 1 PM Line Dancing 2:15 PM Cornhole	27 10 AM Tai Chi 12:30 Craft Workshop: Scrapbooking	28 10 AM Bread & Pastry 11 AM FoodShare 12:30 Bingo	29 1 PM Setback 1-3 PM Craft Social 7 PM Men's Pool	Mar 1 10 AM Tai Chi 11:15 Chair Volleyball	Mar 2