Willington Senior Center 20 Senior Way Willington, CT 06279 (860) 429-8321





Our Mission: to bring seniors together to provide and promote needful social, educational, cultural and health programs.

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz

1st Vice President: Dottie Wittenzellner

2nd Vice President: Vacant Treasurer: Joseph J. Piatek, Jr. Assistant Treasurer: Norma Rondeau Special Asst. to Treasurer: Claudia D'Agata

Secretary: Julie Engelke Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: Vacant

Banquet: Burt Zenowitz, Joseph J. Piatek, Jr.

Building: Vacant

Fundraising: Julie Engelke Kitchen: Claudia D'Agata Membership: Shirley Beyor

Programs: Nan King Publications: Nan King Publicity/Website: Nan King

Technology/Computers: Edward D'Agata Transportation: Joseph J. Piatek, Jr.

Trips: Nan King

Veterans: Joseph Rondeau





MITTEN TREE 2023

Let's help our neighbors this holiday season!

Donate handmade or store-bought mittens and gloves for local children and adults.

A Mitten Tree is set up at the Willington Senior Center to showcase our collection.

Collection dates run from Nov. 1 to Dec. 10.

The Senior Center is open from 9 am to 2 pm Monday through Friday.

All donations will be forwarded to the Willington Department of Human Services for distribution to our Willington neighbors in need.

Thank you in advance, and we wish you a happy holiday season!

The Willington Seniors

President's Message, December 2023

Hello Everyone!

It seems that Fall has finally turned to Winter! I hope you all had a wonderful Thanksgiving holiday. As the weather turns colder and the roads turn icier, I'd like to remind you all to be careful walking and driving. It gets slippery out there!

Our Holiday Banquet is fast approaching, on December 13th! Be sure to register by December 6th to get your spot — the registration form is included again in this month's Bugle.

And finally, I wish you all very Happy Holidays, and a Happy New Year!

Burt Zenowitz

President, Willington Seniors, Inc.



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Department	Phone
Animal Control	(860) 428-4422
Board of Selectmen	(860) 487-3100
Building Department	(860) 487-3123
Burning Official	(959) 929-4181
Elections Department	(860) 487-3120
Financial Office	(860) 487-3139
Fire Marshal	(959) 929-4181
Human Services	(860) 487-3118
Land Use Department	(860) 487-3123
Parks and Recreation	(860) 487-3108
Public Works	(860) 684-9313
Senior Services	(860) 429-8321
Tax Collector	(860) 487-3111
Town Clerk	(860) 487-3121
Treasurer	(860) 487-3133
Willington Assessor	(860) 487-3122
Email: Kfichman@willingto	not gov

Email: Kfishman@willingtonct.gov Email: Nsnyder@willingtonct.gov

Willington Senior Center (860) 429-8321

Email: nking@willingtonct.gov

BEST EVER CHOCOLATE RUM CAKE

1 or 2 quarts of Rum

1 cup butter

1/2 cup cocoa

1 TBSP sugar

2 large eggs

Brown sugar

1 cup dried fruit and nuts

Before you start, sample the rum to check for quality. If it's good, go ahead. Select a large mixing bowl, measuring cup, etc. Check the rum again, it must be just right.

To be sure rum is of the highest quality, pour 1 level cup into a glass and drink it as fast as you can. Repeat this step. With electric mixer, beat 1 cup of butter in a fluffy bowl. Add i seaspoon of thugar, and beat again. Meanwhile, make sure the rum is of the finest quality, sample another cup. Open the second quart if necessary.

Add two arg legs, 1 cups fried druit, and beat til high. If druit gets stuck in beaters, just pry it loose with a drewscriver. Sample the rum again to check for tonscisticity. Next, sift 3 cups of peeper or salt (it doesn't matter)..sampertherumagain. Sift 1/2 pint of lemon juith, fold in chopped butter and strained nuts. Add 1 babblespoon of brown thugar, or whatever color you find. Wix mell. Grest over the turned cake pan to 350 gradees

Now, pour the whole mess in the boven and cake.

Check the rum again, and bo to ged.



Nan's News, December 2023

Hello everyone! It's December, the month in which it gets dark right after lunch — at least until the 21st, the Winter Solstice, which this year is at 10:27 PM exactly. After that, I look forward to the days getting a bit longer until spring. In the meantime, I get to enjoy the holidays, which include my kids' birthday on the 22nd, the first full day of Winter.

Things to be Noted for December:

Line Dancing and **Cornhole** will be suspended for the month of December, as people are busy with holiday schedules. We will resume in January at 1 & 2:15 PM on Mondays.

Tai Chi will continue as usual on **Tuesdays and Fridays at 10 am.** Come join Leslie and Bob Letendre for some gentle stretches followed by Tai Chi forms. All are welcome!

The **Craft Workshop** is on **Tuesdays at 12:30 PM**. All are welcome and all materials are provided! This month, we'll be creating wooden spool ornaments (Dec. 5), pine cone kissing balls (Dec. 12), and vintage gift boxes (Dec. 19), and revisiting our Scrapbooking (Dec. 26).

Dot Wittenzellner has started **Setback** again! This time, it's on **Thursdays at 1 PM.** Come and play! I'm looking forward also to the New Year, which might just bring back some old favorites.

Bingo will start again in **January**, since I've been in touch with a possible caller! Times will be in the January calendar.

Interested in reviving a program? Let me know! If there is interest but the timing is off, we can switch a program around to a different day or time so that more people may join. Depending on the program, we could have two going at once!

Do you have expertise in a game, craft, or other activity? We need volunteers to run more programming! Only a few people are needed to run a program, so grab a group of friends and give me a call. We will find time in the schedule for you!

With best wishes for a joyous holiday season,

Nan King

Senior Center Coordinator

860-429-8321







FREE TABLE

Please stop by and see what's on our FREE TABLE! We have a table set up at the Senior Center offering a number of items, including costume jewelry, books, and other treasures. We switch things up frequently, so please stop by between 9:00 AM and 2:00 PM weekdays and take a look. Yes, these items are free, but we always welcome donations.

Thank you and hope to see you soon!

December Birthdays

Birthstone: Blue Topaz, Turquoise

Flower: Holly, Poincettia, Narcissus, or Orchid

December 1 Lewis Nixon December 18 Barbara Atwood December 2 Mary Culverwell December 19 **Donald Berg** December 6 Joyce Navratil Sharp December 21 Helen Norman Shari Masinda December 8 Deb Kokoszka December 26 December 26 Colleen Peck December 12 Bernice King December 15 Richard Locke December 29 Martin Whelan December 30 Ken Nunn December 17 Linda Moseley

December Anniversaries

December 18 Ted & Wendy Bocon December 23 James & Cecile Hurley

Please join us for

CAKE and ICE CREAM

to celebrate

DECEMBER BIRTHDAYS AND ANNIVERSARIES

at the Senior Center

Wednesday, December 6th at 1:00 PM

A Letter from a Mother to Her Daughter

Dear Stella,

I'm writing this letter slow because I know you can't read fast. We don't live where we did when you left home. Your dad read in the newspaper that most accidents happen within 20 miles of your home, so we moved. I won't be able to send you the address because the last family that lived here took the house number when they moved so they wouldn't have to change their address.

This place is really nice. It even has a washing machine. I'm not sure it works so well though, last week I put a load in and pulled the chain and haven't seen it since. The weather isn't bad here. It only rained twice last week, the first time for three days and the second time for four days.

The coat you wanted me to send you, your Uncle Stanley said would be too heavy to send in the mail with the buttons on, so we cut them off and put them in the pockets.

John locked his keys in the car yesterday. We were really worried because it took him two hours to get me and your father out.

Your sister had a baby this morning, but I haven't found out yet what it is, so I don't know if you're an aunt or an uncle

Three of your friends went off a bridge in a pickup truck. Ralph was driving, he rolled down the window and swam to safety. Your other two friends were in the back. They drowned because they couldn't get the tailgate down.

There isn't much more at this time. Nothing much has happened.

Love Mom

P.S. I was going to send you some money but the envelope was already sealed.

Willington Seniors Fund Raising Committee

written by Julie Engelke

There is a new committee in town, the Willington Seniors Fund Raisers. It is open to new volunteers and ideas. We meet the first Wednesday of the month at 2 pm. The immediate goal is to boost our available monies so more opportunities can open up for our members and we can pay our bills without worries. The first fund raising opportunity will be the Silent Auction sale of Holiday Gift Baskets that the senior elves have been creating! These will be available at the Holiday Banquet. We will couple that with a 50/50 drawing after the dinner. The baskets will have all content items listed and an estimated retail value. A minimum bid suggestion will be posted as well. So, please bring your appetite and willingness to support your organization by shopping at the holiday basket table, also known as the pool table, and stuff a couple of dollars in your pocket for the 50/50 drawing. Baskets can be purchased with cash or check.

Thank you in advance for your support and best wishes to all this Holiday Season,

Julie



WILLINGTON SENIORS, INC. HOLIDAY BANQUET

GREAT FOOD, GOOD FRIENDS AND HOLIDAY CHEER!!!
WEDNESDAY, DECEMBER 13, 2023 – 12 NOON
\$12 members, \$17 nonmembers

MENU PROVIDED BY COUNTRY BUTCHER

Sliced roast beef in gravy; Chicken marsala Oven roasted potatoes; Mixed vegetables; Coleslaw Dessert: Holiday Cake Drinks: Coffee, Tea, Holiday Punch, Bottled Water

Please sign up below and return no later than <u>December 6, 2023</u> with your enclosed check payable to Willington Seniors, Inc. (c/o Holiday Banquet, 20 Senior Way, Willington, CT 06279) or drop in the Senior Center front door drop box or the drop box inside next to the Senior Center main office.

MEMBER(S) NAME(S):
NON- MEMBER GUEST:
TOTAL PAYMENT ENCLOSED: \$



Holiday Word Search Challenge





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> Bonus: Find 5 more holiday words hidden in the word search grid



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Potato pancakes: Christmas songs:

Kwanzaa:

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December 2023

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26	27 1 PM Line Dancing 2:15 PM Cornhole	28 10 AM Tai Chi 12:30 Craft Workshop	29 9:30 Bread & Pastry	30 1-3 PM Craft Social 7 PM Men's Pool	1 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	2
т	4	5 9:30 SAVERS Trip 10 AM Tai Chi 12:30 Craft Workshop: Spool Ornaments	6 9:30 Bread & Pastry 11 AM FoodShare 1 PM Birthdays and Anniversaries 2 PM Fundraising	7 1-3 PM Craft Social 7 PM Men's Pool	8 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	O
10	11	12 9:30 AM Walmart 10 AM Tai Chi 11 AM Lunch w/a Good Book 12:30 Craft Workshop: Kissing Balls	13 9:30 Bread & Pastry 12 PM Holiday Banquet	14 1-3 PM Craft Social 7 PM Men's Pool	15 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	16
17	18	19 10 AM Tai Chi 12:30 Lunch Bunch 12:30 Craft Workshop: Gift Boxes	20 9:30 Bread & Pastry 11 AM FoodShare 1 PM General Meeting	21 1-3 PM Craft Social 7 PM Men's Pool	22 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	23
24	25 CLOSED for the Christmas Holiday	26 10 AM Tai Chi 12:30 Craft Workshop: Scrapbooking	27 9:30 Bread & Pastry	28 1-3 PM Craft Social 7 PM Men's Pool	29 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	30
31	1 CLOSED for the New Year Holiday	2 10 AM Tai Chi 12:30 Craft Workshop	3 9:30 Bread & Pastry 11 AM FoodShare 1 PM Birthdays and Anniversaries 2 PM Fundraising	4 1-3 PM Craft Social 7 PM Men's Pool	5 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	9