

Willington Senior Center
20 Senior Way
Willington, CT 06279
(860) 429-8321

Button Shop Bugle

Monthly Newsletter
August 2023



***Our Mission: to bring seniors together to provide and promote
needful social, educational, cultural and health programs.***

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz
1st Vice President: Dottie Wittenzellner
2nd Vice President: *Vacant*
Treasurer: Joseph Piatek
Assistant Treasurer: Claudia D'Agata
Special Asst. to Treasurer: Norma Rondeau
Secretary: *Vacant*
Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: *Vacant*
Banquet: Burt Zenowitz, Joseph J. Piatek, Jr.
Building: *Vacant*
Kitchen: Claudia D'Agata
Membership: Shirley Beyor
Programs: Nan King
Publications: Nan King
Publicity/Website: Nan King
Technology/Computers: Edward D'Agata
Transportation: Joseph J. Piatek, Jr.
Trips: Nan King
Veterans: Joseph Rondeau



Willington Seniors, Inc. Membership Fees are Due!

Thank you to everyone who has already renewed their membership in Willington Seniors, Inc.

The annual membership fee of \$10.00 pp includes free delivery of the *Bugle* to your home. If you have not already done so, please mail your membership renewal form and fee to Willington Seniors, Inc., 20 Senior Way, Willington, CT 06279, or you may put it in either one of the Senior Center drop boxes. Membership forms are also available at the Senior Center. **The deadline to renew your membership is August 31st**. Unfortunately, you will be removed from our membership list at that point if you have not paid your fee. We value you as a member, so please do not let that happen!

Members 90+ years of age are granted Honorary status, which waives the annual membership fee. An Honorary member is exempt from paying dues and does not need to submit the renewal membership form unless there have been changes to your address or contact information.

Please note: Membership cards will be mailed out by August 1st.

Thank you!

Shirley Beyor, Membership Chair

President's Message, August 2023

Hello! I hope everyone is having a great summer. We had a wonderful time at the Ice Cream Social! Thanks to all who helped out, and to those who came and enjoyed the party. I'm looking forward to the Annual Barbecue at 12 PM on Wednesday, August 16th; I hope to see all our members there. Remember to sign up by sending in your forms from the July Bugle, or by calling the Senior Center by Wednesday, August 9th.

Stay cool and take it easy!

Burt Zenowitz

President, Willington Seniors, Inc.

ANNUAL MEMBERS' BARBECUE

IF YOU HAVEN'T RETURNED THE FORM BELOW, DO SO NOW: TIME IS RUNNING OUT!!

AUGUST 16, 2023 - NOON

DON'T GET LEFT OUT!

MENU

BARBECUE CHICKEN, SOUTHERN-STYLE PULLED PORK, SEASONAL MIXED VEGETABLES, SMOKEHOUSE BAKED BEANS, PASTA SALAD, COLESLAW, CORNBREAD AND ROLLS, WATERMELON AND CANTALOUPE

Drinks: Coffee, Lemonade, Iced Tea, Bottled Water

Please sign up below **by AUGUST 9, 2023**, and send to Willington Seniors, Inc., 20 Senior Way, Willington, CT 06279 OR put in one of our Senior Center drop boxes. There is also a sign-up sheet in the Senior Center lobby. This will assure there will be plenty for everyone to eat!

MEMBERS' NAMES: _____, _____

Fuel Bank Bingo Fundraiser!

August 18th, 6-8 PM, Willington Senior Center

8 games of Bingo—Great Prizes

Designer Purses — Gift Baskets

Come and help us fill the Willington Fuel Bank!

Sponsored by the Willington Department of Human Services





Nan's News August 2023

Hello everyone! I hope you're staying cool in the heat and dry in the rain. I'm still waiting for those tomatoes—I guess we'll see what August brings! I love August because it usually means family get-togethers, trips to the beach, and cookouts. I also don't like August because it means back to school! As many of you know, I also teach part-time at ECSU in Willimantic. This semester I'll be teaching one class, so I'll be getting that ready throughout the month. Don't worry, I'll still be here at the Center from Monday to Friday, 9 am to 2 pm!

This month we have our annual **Members' Barbecue! That's on August 16th at noon.** We'll have pulled pork, barbecued chicken, salads, fruit, and more! And best of all, it's FREE to Willington Seniors, Inc. members! If you're not already a member, stop by the Center and sign up today! If you need one mailed to you, give me a call and I'll send one out.

Another exciting opportunity: a **Fuel Bank Bingo Fundraiser! On August 18th, 6-8 PM,** here at the **Senior Center**, the **8 games of Bingo** will be sponsored by the Willington Department of Human Services. We'll be raising money for our **Willington Fuel Bank** and giving away great prizes such as **designer purses** and **baskets from local vendors!**

And don't forget about our usual great range of programming!

Tuesdays at 10 AM, come join Tai Chi and work on balance, core strength, and stretching. Tai Chi is also on Fridays at 10 AM.

Tuesdays at 12:30 PM is our Craft Workshop. This month we have five Tuesdays—so many crafts to look forward to! August 1st is Sea Glass and Shell Design; the 8th is Felt Flowers in Pots; the 15th is Toad Houses; the 22nd is Seashell Wind Chimes; and the 29th is my beloved Zentangle. Come craft with us! All materials are provided, and the class is free.

Wednesdays at 9:30 AM is Bread & Pastry Distribution here at the Senior Center. It is drive through only until 10:30. After that, residents of Button Hill and Willington Woods may come and pick up a carefully chosen selection of breads and goodies.

The 1st and 4th Wednesdays of the month is Bingo! On August 2nd Bingo will begin at 2:00, after the Birthdays and Anniversaries celebration. On August 23rd, Bingo will begin at 12:30 PM.

Thursdays is our Craft Social, **1-3 PM**. We are continuing to meet in August! Although many people are vacationing, we're still setting this time aside to gather, chat, and craft.

Fridays at 10 AM is Tai Chi, followed by the ever-popular Chair Volleyball at **11:15 AM**. Wii Bowling begins at **1 PM** – come test your skill against our veteran players!

You can always just stop by with questions, for a beverage and a snack, or just to chat.

Happy August,

Nan King

Senior Center Coordinator

August Birthdays

Birthstone—Peridot
Flower—Gladiolus

August 2	David Dion	August 21	Joseph J. Piatek, Jr.
August 3	Charles King	August 21	Marlene Wilson
August 8	Julie Engelke	August 22	Nora Claus
August 10	Ginny Brousseau	August 24	Shirley French
August 12	Francis Pippin	August 24	Mark Masinda
August 13	Dorothy Daley	August 25	Marcia DeCarli
August 13	Paul Plunkett	August 27	Rick Beyor
August 15	Elizabeth Robertson	August 27	Nancy King
August 17	Paul Chicoine	August 28	Kathy Rup
August 17	Roger Wilson	August 29	Marion Parkes
August 19	Marion Ogden	August 30	Gloria Passardi
August 20	Doreen Maloney		



August Anniversaries

August 11	Richard & Nora Claus
August 15	Philip & Jeanne Monty
August 16	Joseph & Betty Cydylo
August 18	Ken & Claudia Nunn
August 27	David & Ann Sylvia
August 29	Mark & Shari Masinda
August 29	Doug & Kathleen Migliozi
August 30	Roger & Marlene Wilson

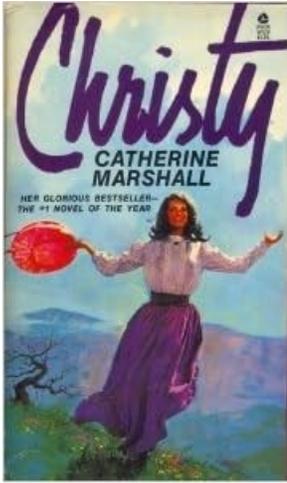
Everyone is welcome to join us for cake and ice cream at the Senior Center
on **Wednesday, August 2nd, at 1:00 PM**
to celebrate the August birthdays and anniversaries.



FREE TABLE

There are lots of goodies, including jewelry, knick-knacks, and candles, on our FREE TABLE at the Senior Center. We also have houseplants still available. Please stop by and take one home!





Lunch with a Good Book

Nineteen-year-old teacher Christy Huddleston arrives to teach in the Smoky Mountain community of Cutter Gap — a town suspended in time, trapped by poverty, superstitions, and century-old traditions.

But as Christy struggles to find acceptance in her new home, some see her—and her one-room school—as a threat to their way of life. Her faith is challenged and her heart is torn between two strong men with conflicting views about how to care for the families of the Cove.

Yearning to make a difference, will Christy's determination and devotion be enough?

Tuesday, August 15, 2023, 11 AM. Bring a lunch and something to share.

SUMMER SAFETY TIPS

-  *Stay hydrated.*
-  *Don't stay out for too long.*
-  *Check the forecast beforehand.*
-  *Keep sunscreen nearby and use it.*
-  *Check your prescriptions' side effects.*
-  *Turn on the A/C.*
-  *Beware of heat-related illnesses.*



BARBECUE

WORD SEARCH PUZZLE

C H I C K E N H F N B U N S P
H L E A N C O S K U C I S U M
C C N J L L S L I S N E T U L
H I O E I F R I E N D S S R H
E Y A D H A O S O T F R L O T
F N A M S M B P J B I L T K A
M Y X L I I H I P A U D A E B
U D A P L L G H H O O R R M L
S O L A E Y I C S G T I G L E
T O E R R E E O S E F A S E G
A F R K C A N V I T A P T T R
R E H U H C K N G D U S A O P
D R A Y K C A B J C A E O N V
R S N O I N O G C S M R P N W



The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.

BACKYARD
BUNS
BURGER
CHAIRS
CHEF
CHICKEN
CHIPS
CLEAN

CUPS
ENJOY
FAMILY
FIRE
FLAME
FOOD
FRIENDS
FUN

HOLIDAY
HOT DOGS
MEAT
MUSIC
MUSTARD
NEIGHBORS
ONIONS
PARK

POTATO
RADIO
RELAX
RELISH
SAUCE
SEASON
TABLE
UTENSILS

August 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10 AM Tai Chi 12:30 Craft Workshop: Sea Glass & Shell Art	2 9:30 Bread & Pastry 11 AM FoodShare 1 PM Birthdays and Anniversaries 2 PM Bingo	3 1-3 PM Craft Social 7 PM Men's Pool	4 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	5
6	7	8 10 AM Tai Chi 12:30 Craft Workshop: Felt Flowers in Pots	9 9:30 Bread & Pastry 1 PM Executive Board	10 1-3 PM Craft Social 7 PM Men's Pool	11 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	12
13	14	15 9:30 AM Wal-Mart 10 AM Tai Chi 11 AM Lunch with a Good Book 12:30 Craft Workshop: Toad Houses	16 9:30 Bread & Pastry 11 AM FoodShare 12 PM General Meet- ing & Members Barbecue	17 1-3 PM Craft Social 7 PM Men's Pool	18 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling 6-8 PM Fundraiser Bingo	19
20	21	22 10 AM Tai Chi 12:30 Craft Workshop: Seashell Wind Chimes	23 9:30 Bread & Pastry 12:30 PM Bingo	24 11:30 Lunch Bunch: Hoppy Days Diner 1-3 PM Craft Social 7 PM Men's Pool	25 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	26
27	28	29 10 AM Tai Chi 12:30 Craft Workshop: Zentangle	30 9:30 Bread & Pastry 11 AM FoodShare	31 1-3 PM Craft Social 7 PM Men's Pool	1 10 AM Tai Chi 11:15 Chair Volleyball 1 PM Wii Bowling	2