

Willington Senior Center
20 Senior Way
Willington, Ct. 06279
860-429-8321

Button Shop Bugle



Monthly Newsletter
December 2022

Happy Holidays

**Our Mission: to bring seniors together to provide and promote
needful social, educational, cultural and health programs.**

Willington Seniors, Inc. Executive Board Members

President: Burt Zenowitz

1st Vice President: Dottie Wittenzellner

2nd Vice President: *Vacant*

Treasurer: Joseph Piatek

Assistant Treasurer: Betty Robertson

Secretary: *Vacant*

Assistant Secretary: *Vacant*

Willington Seniors, Inc. Committees

Advisory and Suggestions: *Vacant*

Banquet: Burt Zenowitz, Joseph Piatek

Building: *Vacant*

Kitchen: Claudia D'Agata

Membership: Shirley Beyor

Programs: *Vacant*

Publications: Christine Swenson, Dorothy Wittenzellner, Roxanne Navratil,
Shirley Beyor

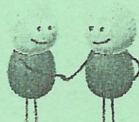
Publicity/Website: Jennie Arpin

Technology/Computers: Edward D'Agata

Transportation: Joseph Piatek

Trips: Nan King (interim)

Veterans: Joseph Rondeau



We are looking for volunteers to fill a number of vacant positions at the Senior Center. Please consider volunteering and see just how much fun you can have while making new friends and helping others in the community.



We send our sincere sympathy and condolences to the family and friends of David Webster, who passed away recently.

Hi Everyone!

I wanted to take a moment to explain the hiring of a Senior Center Coordinator. I know that there may be some resistance to a person from the Town taking control of the Senior Center, and that is not our intention at all. The purpose of the Senior Center Coordinator is to bridge the gap between the services offered by my department and the programming run by the Willington Seniors, Inc. I want everyone to know that as much as I want you all to enjoy the center I do not believe in taking your power away. You should always be able to run your programs, decide what trips and events to have, and to be as involved as you want to be! This is your center. We want you to enjoy it, and this position is simply to ensure that there are a lot of great offerings for you!

I would like to talk with anyone who has any questions or concerns about this new position.

Wishing you all a happy and safe holiday and a wonderful new year!

Jennie Jennie A. Arpin, M.P.A. Director of Human Services Town of Willington



Lunch with a Good Book

Starting **January 10, 2023**, then every 2nd Tuesday of the month

11:00 AM

Bring a sandwich and something to share

We will discuss "Getting Rid of Matthew" by Jane Fallon

A lighthearted tale about getting what you want and then regretting you asked...

Need a copy to read? Call the Willington Public Library 860-429-3854

Happy December!

In an abundance of caution, we have cancelled the holiday banquet. There are a number of illnesses going around right now, and we want everyone to stay safe and healthy.

We are hoping that you all have a wonderful holiday and a happy new year. We look forward to being with you in the new year.

Burt H. Zenowitz, President Willington Seniors, Inc

Nan's News!

Hello all, December is finally upon us! I'm not too partial to the cold, but I love the holidays and the celebration that goes along with them. One of the best parts of the month is my boys' birthday!

I have some fun activities planned for December. There are three trips planned: Christmas Tree Shops on Thursday, December 1st, our usual Walmart trip on Tuesday the 13th, and Lunch Bunch at Hilltop Restaurant on Thursday, December 22nd. I hope we'll have a good turnout this month! Remember, our bus only seats 6, so sign up early. I've put out a Lunch Bunch suggestions sheet at the Senior Center—bring your best ideas!

I've also added some creative fun to the calendar. On Thursdays, during our usual Craft Social from 1-3 pm, I'll be leading a craft for the first hour. Learn to make a tiny Storybook Cottage out of cardboard; calm your mind with Zentangle; paint some rocks; make a Mason jar luminary; and create a soothing herbal sachet. Come join us for conversation, crafting, and cheer!

My last addition is a new Monday Movie, which I'm hoping to start on December 5th at 2 pm. Our first movie will be "It's a Wonderful Life." Sign up at the Senior Center, or email nking@willingtonct.gov.

See you soon, and have a joyful holiday season, Nan

Thought For the Day: Don't forget where you came from, but never lose sight of where you are going.

--Arauco, Louise Carey



December Birthdays

Birthstone – *Turquoise*

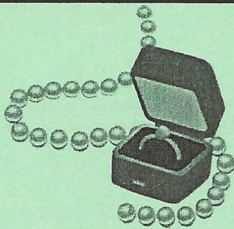
Flower – *Narcissus*

December 2	Mary Culverwell	December 21	Helen Norman
December 6	Joyce Navratil Sharp	December 26	Colleen Peck
December 12	Bernie King	December 29	Martin Whelan
December 15	Richard Locke	December 30	Ken Nunn
December 18	Kathy Hampton		
December 19	Don Berg		

December Anniversary

December 23 James & Cecile Hurley

All members are invited to join us for cake and ice cream at the Senior Center on **Wednesday, December 7th at 12:30 PM** to celebrate the December birthdays and anniversary. Don't miss out on this special treat and a special time to socialize with other members. We look forward to seeing you on the 7th!



FREE! FREE! FREE!

Please stop by and see what's on our free table! We have a table set up at the Senior Center offering a number of free items, including costume jewelry and other treasures. We switch things up frequently, so please stop by between 9:00 AM and 2:00 PM weekdays and take a look. Yes, these items are free, but we always welcome donations. Thank you and hope to see you soon!

Important Phone Numbers

In an Emergency	9-1-1
Dept. of Emergency Services & Public Protection.....	1-860-685-8190
CT Poison Center.....	1-800-222-1222
United Way Information Line.....	2-1-1
Red Cross.....	1-877-287-3327

◀ PLEASE NOTE: BANQUET CANCELLED

Unfortunately, due to the rapid spread of the flu, RSV, and COVID, and information received from Eastern Highlands Health District, a vote was taken at the November 16, 2022 Senior Center general meeting to cancel the banquet out of an abundance of caution. If you have sent us a check, we will return it to you in the mail.

Instead, we will have our regular December general meeting on December 14 at 12:30 where we can be socially distanced. Please come and share your thoughts and ideas on how we can better serve our Willington seniors.

TRIPS

December 1 – Christmas Tree Shops 9:30 AM

December 13 – Walmart 9:30 AM

December 22 – Lunch Bunch at Hilltop Restaurant 11:30 AM



MONDAY MOVIE

Dec. 5: "It's a Wonderful Life" 2 PM

Dec. 12: "A Christmas Story" 2 PM

Dec. 19: "Little Women" 2 PM

CRAFT SPECIAL ACTIVITIES:

Thursday, Dec. 1: Storybook Cottage, 1-2 PM

Thursday, Dec. 8: Rock Painting 1-2 PM

Thursday, Dec. 15: Zentangle 1-2 PM

Thursday, Dec. 22: Mason Jar Luminaries 1-2 PM

Thursday, Dec. 27: Herbal Sachets 1-2 PM

WHY DO WE SAY IT?

Where did we get the expression "auld lang syne"? It's a Scottish phrase that literally means "old long since" – in other words, the "olden times." The song *Auld Lang Syne*, "though usually attributed to Robert Burns, was not composed by him. He heard an old man singing it and took it down. The author and composer are wholly unknown."

--Castle, A Division of Book Sales, Inc.

HELP OUT UKRAINE!

St. Michael the Archangel Church in New Haven is collecting SOUPS for citizens of Ukraine. A very generous resident is spearheading the collection here in Willington. Please consider donating dried soups (packet only, such as Lipton) for this cause. There is a box for these items at the Senior Center. All donations must be received at the Center no later than Sunday, November 20th. Thank you!

MITTEN TREE

Thank you so much to everyone who donated to our holiday Mitten Tree. Our tree at the Senior Center is filling up with so many beautiful hand-made and store-bought items to help those in need during the upcoming cold winter months. We will be accepting donations until Friday, December 9th. All donations will be distributed to those in need by the Willington Department of Human Services.

Special thanks go out to Laurel Millix and Moe Stapleton for organizing this special event and to the Willington Department of Human Services for distributing these items.

We especially thank the community for its support. We couldn't do this without you!

RECIPE OF THE MONTH

Do you have a favorite recipe that you'd be willing to share? We will be publishing a "Recipe of the Month" in each Bugle newsletter beginning with the December issue, and we'd love to hear from you. You may put your recipe in the Willington Senior Center mail slot to the right of the front door, drop it in the Bugle mailbox in the entry, or mail it to the Senior Center. Please include your name and phone number (in case we need to contact you). If the recipe came from a cookbook and you don't know the name of the author, please include the name of the cookbook so we can avoid any issues with copyright laws. Thank you!

This month's cookie recipe is from Jean LaFramboise and is just in time for the holidays! Thank you, Jean!



SNOWBALL MELTAWAYS



Jean LaFramboise

1 c. butter

½ c. confectioners sugar

1 tsp. vanilla

2 ½ c. flour

½ c. finely chopped pecans

In a heavy saucepan, melt butter until brown. Remove and chill. Cream butter, sugar and vanilla until fluffy. Gradually add flour. Mix until blended. Stir in pecans. Chill for easy handling. Shape into 1-inch balls. Place on ungreased cookie sheet. Bake at 350° for 20 minutes. While hot, roll in confectioners sugar.

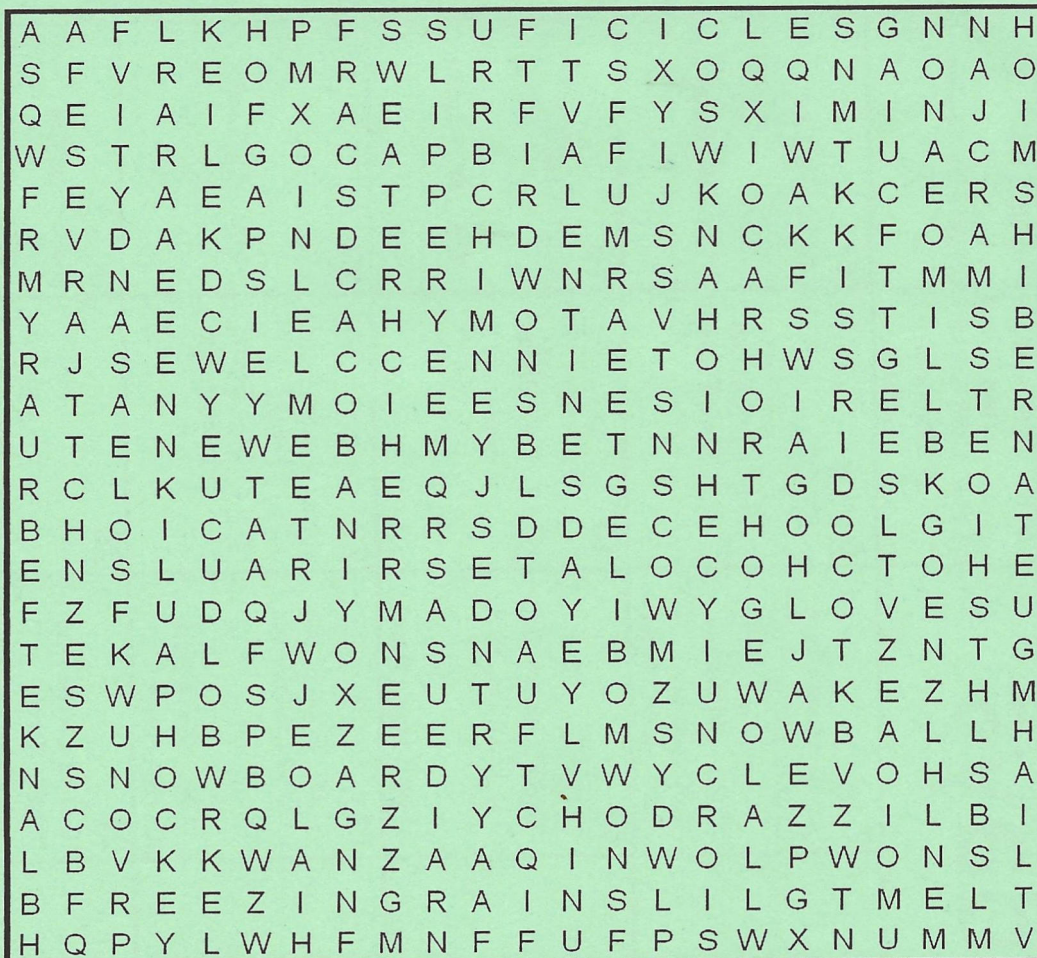
SCARECROW CONTEST WINNER

CONGRATULATIONS to the Willington Human Services Department, who had the Most Original Entry and is this year's winner of the Annual Scarecrow Contest!



Winter Wonderland

This monster word search includes more than 50 winter words going in every possible direction. Can you find them all?



avalanche
blanket
blizzard
chimney
Christmas
coat
cold
December
earmuffs
February
fireplace
freeze
freezing rain
frigid

gloves
hail
Hanukkah
heater
hibernate
hockey
holidays
hot chocolate
ice fishing
ice skates
icicles
igloo
Jack Frost
jacket

January
Kwanzaa
lunar new year
melt
migrate
mittens
New Year's Day
quilt
scarf
shovel
skiing
sled
sleet
sleigh

slippery
slush
snowball
snowboard
snowdrift
snowflake
snowman
snowmobile
snowplow
snowstorm
sweater
vacation
Valentine's Day



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Happy Holidays

				1 9:30 Christmas Tree Shops 1 to 3 Craft Social Storybook Cottage	2 10:00 Tai Chi 1:00 Wi Bowling	3 7:00 Setback
4	5 1:00 Line Dancing 2:00 Movie	6 10:00 Tai Chi	7 11:00 Food Share 10 to 12 Ladies Pool 12:30 Birth/Anniv 1:30 Bingo 7:00 Men's Pool	8 1 to 3 Craft Social Rock Painting	9 10:00 Tai Chi 1:00 Wii Bowling	10 7:00 Setback
11	12 1:00 Line Dancing 2:00 Movie	13 9:30 Walmart 10:00 Tai Chi	14 12:30 General Mtg 10 to 12 Ladies Pool 7:00 Men's Pool	15 1 to 3 Craft Social Zentangle	16 10:00 Tai Chi 1:00 Wii Bowling	17 7:00 Setback
18 Hanukkah Begins	19 1:00 Line Dancing 2:00 Movie	20 10:00 Tai Chi	21 11:00 Food Share 10 to 12 Ladies Pool 7:00 Men's Pool First Day of Winter	22 11:30 Lunch Bunch Hilltop 1 to 3 Craft Social Luminaries	23 10:00 Tai Chi 1:00 Wii Bowling	24 Christmas Eve
25 Christmas Day	26 Kwanzaa Begins (NO Line Dancing)	27 10:00 Tai Chi	28 10 to 12 Ladies Pool 12:30 Bingo 7:00 Men's Pool	29 1 to 3 Craft Social Herbal Sachet	30 10:00 Tai Chi 1:00 Wii Bowling	31 New Year's Eve