



## Virtual Cooking Class for Kids!

## Join Willington Parks & Recreation & the Registered Dieticians from Food Explorers for a Virtual Cooking Class for Kids!

Session: Food Explorers: Family Lunch Homemade Pizza & Kitchen Scavenger Hunt!

Date: Monday, April 19th

Time: 11 a.m.—12 p.m.

Age: Grades 2-7 (parent supervision is needed for younger children)

**Location: ZOOM** 

Fee: \$15

Click here to register: <a href="https://homemadepizza.eventbrite.com">https://homemadepizza.eventbrite.com</a>

Upon registration, you will be given access to the ZOOM link used for the one-time class.

Exploring food encourages children to learn through sensory experiences, hands-on activities and working together to create delicious results. Food Explorers provides children with the knowledge to make healthy choices for themselves. By combining nutrition education with cooking and hands-on food exploration, you'll have a Food Explorer in no time.

Learn to make homemade pizza for your family and play a kitchen scavenger hunt! Prepare your meal, then sit down with your family and enjoy!

You'll need the following ingredients: Flour, Yeast, Olive Oil, Salt, Sugar, Sauce, Cheese, & Toppings.

If you have any questions, please contact WPRD 860-487-3108, bcologna@willingtonct.org