Willington Senior Center 20 Senior Way Willington, Ct. 06279 860-429-8321

## Bullon Shop Bugle



**Monthly Newsletter** May 2022

### Happy Mother's Day

Our Mission: to bring seniors together to provide and promote needful social, educational, cultural and health programs.

#### **Senior Center Executive Board Members**

President: Burt Zenowitz

1<sup>st</sup> Vice President: Dottie Wittenzellner

2<sup>nd</sup> Vice President: Linda Morse

Treasurer: Joseph Piatek

Assistant Treasurer: Betty Robertson

Secretary: Vacant

Assistant Secretary: Vacant

#### **Senior Center Committees**

Advisory and Suggestions: *Vacant*Banquet: Burt Zenowitz, Joseph Piatek

Building: Vacant

Kitchen: Claudia D'Agata Membership: Shirley Beyor

Programs: Vacant

Publications: Christine Swenson, Donna Hoff, Dorothy Wittenzellner, Lorraine Sedlock, Linda Morse, Nancy Nowak, Roxanne Navratil, Shirley Beyor

Publicity/Website: Jennie Arpin

Technology/Computers: Edward D'Agata

Transportation: Joseph Piatek Trips: Christine Swenson Veterans: Joseph Rondeau

Join one of our committees and see just how much fun you can have while making new friends and helping others! We are still looking for volunteers and would love to have you join us. If you are interested in volunteering, please call the Senior Center at 860-429-8321, or come to our monthly General Meeting at the Senior Center on the 3<sup>rd</sup> Wednesday of each month at 12:30 PM.

#### **IMPORTANT PHONE NUMBERS**

In an Emergency	9-1-1
Dept. of Emergency Services & Public Protection	1-860-685-8190
CT Poison Center	1-800-222-1222
United Way Information Line	2-1-1

Red Cross......1-877-287-3327

#### Happy Birthday & Happy Anniversary!

#### May Birthdays

Birthstone – *Emerald* Flower – *Lily of the Valley* 

May 1 Patricia Slattery

May 2 Thomas Fox

May 4 Dorothy Drobney

May 5 Denise Alix

May 6 Raymond McCaughey

May 9 Annette Humphrey

May 10 Richard Claus

May 10 Linda Morse

May 12 Charles Busse

May 16 Doreen Maloney

May 16 Vincent Sinosky

May 17 Norma Rondeau

May 21 Raymond Gantick

May 23 Charles Cosgrove

May 23 Judith Ouelette

#### May Anniversaries

May 4 George & Marge Pippin

May 6 Charles & Beverly Cosgrove

May 11 Maurice & Yvette Dionne

May 27 Robert & Mary Wiecenski

All members are welcome to join us for cake and ice cream on Wednesday, May 4<sup>th</sup> at 12:30 PM to celebrate the May birthdays and anniversaries!



This month's Bugle contains a revised <u>Willington Senior Center Membership</u> annual renewal form for 7/1/22 - 6/30/23, as well as a self-addressed envelope for your convenience in returning the form with your payment. Annual renewals are \$10.00 per person and due July 1<sup>st</sup>. There is an additional fee of \$8.00 per household if you would like the monthly Bugle mailed to your home. You may mail your form and fee to the Center or drop it in either the secure Senior Center mail slot located outside and to the right of the front door, or in the mailbox inside the Center located to the left of the main office. Please use the envelope provided to ensure that mail will be directed to me. If you have any questions about the application, please call the Senior Center at 860-429-8321. Thank you.

Shirley Beyor, Membership Chair

We are currently seeking nominations for all Willington Senior Center elected officers for the next fiscal year, which begins July 1<sup>st</sup>. All nominations received will be presented to the Executive Board at its May 11<sup>th</sup> meeting at 12:30 pm. If you would like to submit a nomination, you may drop it in the mail slot outside the main door of the Senior Center.

MARK YOUR CALENDARS! We are planning our Annual Banquet at the Senior Center for June 15<sup>th</sup> at noon.

Best wishes to Dick Claus and Judson Hunter.

Thank you Ed D'Agata for all the work you've done, and are continuing to do, on the Senior Center computer system, and congratulations on your appointment as the new Technology/Computer chair!

Happy May!

I wish you all a Happy Mother's Day and a Happy Memorial Day. It's hard to believe that it's almost summertime, but you know what they say about how time flies when you are having fun!

Speaking of having fun, I hope to see you all at the breakfast coming up this month. It's so great to be able to finally get together once again. We plan on having the Banquet in June this year, so keep an eye out for more information on that!

Burt Zenowitz, President

Willington Seniors, Inc.

#### Hi Everyone!

I am so happy to see more and more people coming out to the Center. We have a lot of great programs and trips happening! May tends to be a busy time for me and my department, as well as at my home. One of the things I do is plant my potatoes in May. I like to do potatoes because they are different, fun, and you can plant them earlier that most other crops.

I have grown potatoes for four years and it's surprisingly easy. I use a "grow bag" which is a fabric bag about 10 gallon size, and I fill it half way with soil, and then I place in the soil cut up cubes of potato with at least one eye each cube, and cover with soil. Then, over the next month or so, every time I see greenery emerge, I cover it back up with soil until the container is full. Once it's full, you can just let the greenery grow throughout the summer. Usually October 1<sup>st</sup> I harvest, which is also easy — I just dump out the bag, and the potatoes are right there in the soil!

I usually save a few from each year's crop to use as "seed" potatoes for the following year, and I simply store them in a cool spot all winter. Also, little known fact, the flowers on a potato plant are beautiful!

Try it this year and let me know how it goes!

Jennie A. Arpin, M.P.A
Director of Human Services
Town of Willington



#### Nan's News

Hi everyone! I'm excited that the warm weather is finally here, and I can get outside to garden. My daffodils are up, and my magnolia tree is budding. I'm hoping to be outside more and more every day. Maybe I'll even get the garden rototilled soon!

The other thing I'm super excited about is our upcoming **Afternoon Tea!** I love all things tea and tea-related. My kids and I will often have fun little tea parties at home when we're in the mood. I've been collecting teapots for many years, and recently my collection of teacups has been steadily growing also.

Jennie and I are planning a fabulous menu with delightful teas and fancy little treats that we hope you'll enjoy. We encourage you to wear your best tea party attire, whatever that means to you, but it's not required – be comfortable! You can check out the invitation and menu right here in the Bugle. Sign up at the Center or by calling the Center or emailing me at <a href="mailto:nking@willingtonct.org">nking@willingtonct.org</a>. Anyone over 55 is welcome! Come join us on Friday, May 6<sup>th</sup>, at 3 PM, at the Senior Center. We'd love to see you!

Happy tea drinking!

Nan

You are invited to a special

# Mernoon Tea

Friday, May 6th
3 pm
The Willington Senior Center

Afternoon tea has been an English tradition since the mid-nineteenth century. Come join us and sample different teas along with savory and sweet treats!







Registration Required. Please email nking@willingtonet.gov or call 860-429-8321 to register.

Sponsored by the Department of Human Services.





#### Seniors On the Go!

Bus trips in May:

Walmart - Tuesday May 10<sup>th</sup>

Savers - Tuesday May 24<sup>th</sup>

The bus leaves at 9:30 AM sharp. The sign-up sheet is in the Senior Center.

Our bus has a 6-person seated capacity. You can invite a non-member to be your guest (age 18 or older) but please keep in mind members have priority. If you want to bring a guest, put your name and your guest's name on the same line on the sign-up sheet with your phone number. Check the sign-up sheet by 2:00 PM the day before the scheduled trip to make sure there is a seat for your guest.

The bus will go as scheduled as long as there is 1 person on the bus.

#### SENIOR CENTER BREAKFAST

Saturday, May 21<sup>st</sup> from 8:30 AM to 10:30 AM. Come and bring your family and friends! \$5 per person.

The menu includes 2 types of omelets, sausage, potato patties, French toast, plain or blueberry pancakes, orange juice, and coffee. A sign-up sheet is at the Center.

#### **EVENTS:**

**WILLINGTON DAY**: Saturday, May 28<sup>th</sup> from 11 AM to 3 PM at the River Road Athletic Complex. Drop by for a hometown country fair! There will be food, entertainment, and fun!

FILL A PUBLIC WORKS TRUCK: Thursday, May 19<sup>th</sup> from 9 AM to 2 PM.

Every "Public Works Appreciation Week," we partner with our towns' Public Works department and fill one of their trucks with food for the Willington Food Pantry. The truck will be out front of the Senior Center on Thursday the 19th. Drop by and donate some non-expired canned or dry goods to help our residents in need. For more information contact Jennie at the Senior Center.

Thank you, Rick and Shirley Beyor, for taking such good care of the grounds at the Senior Center.

Wii Bowling on Fridays at 1:00, starting Friday, April 29<sup>th</sup>. The sign-up sheet is on the table.

Book Review: the Tuscan Child by Rye Bowen

The story begins when a daughter discovers a letter in her deceased Father' belongings. She decides to travel to Tuscany in an attempt to discover what happened there in 1944. Her dad was a WW II British pilot, downed in a German occupied area and wounded. What she needed to uncover was the mystery behind the village girl who came to his aid, and who was the boy mentioned in the letter?

Willington Senior Center 💮 🛞





May

2022





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2		4 10 to 12 Ladies Pool 12:30 Birthday/Anniv 1:30 Bingo 7:00 Men's Pool	5 1 to 3 Craft Social	6 10:00 Tai Chi 3:00 Afternoon Tea	<b>7</b> 7:00 Setback
8  Mother's Day	9		11 10 to 12 Ladies Pool 11:00 Food Share 12:30 Exec. Bd. 7:00 Men's Pool	1 to 3 Craft Social	<b>13</b> 10:00 Tai Chi 1:00 Wii Bowling	<b>14</b> 7:00 Setback
15	16	<b>17</b> 10:00 Tai Chi	18 10 to 12 Ladies Pool 12:30 Gen. Meeting 7:00 Men's Pool	9 to 2 Fill a Public Works Truck 11:00 Lunch Bunch New England Pizza Vernon 1 to 3 Craft Social	20 10:00 Tai Chi 1:00 Wii Bowling	21 8:30 to BREAKFAST 10:30 7:00 Setback
22	23	9:30 Savers 10:00 Tai Chi	25 10 to 12 Ladies Pool 11:00 Food Share 12:30 Bingo 7:00 Men's Pool	1 to 3 Craft Social	<b>27</b> 10:00 Tai Chi 1:00 Wii Bowling	28 11 to 3 Willington Day 7:00 Setback
29	CLOSED  Memorial Day	<b>31</b> 10:00 Tai Chi	Hap	py Mot	her's E	ay